

National Reconciliation Week Prayer

Loving God,

We ask that our eyes might be opened, and our hearts newly attuned to the spirit of Yoorrook and the importance of truth-telling.

We pray that we might live our lives as people of Makarrata and healing, seeking peace by working for justice.

We pray that we might loudly proclaim our esteem for the oldest continually spoken languages in the world, and the oldest continuous cultures on the planet.

We pray that we might come to better appreciate the deep and lasting wisdom found in the science, astronomy, biology, agriculture, art, dance, storytelling and song of Australia's First Peoples.

We pray that we continue to loudly decry the evil of racism in all forms, and continue to stand with those whose lives are diminished by the daily reality of racist social structures.

We make this prayer with the love of Mary, our mother,

With the wisdom of Catherine, our guide,

And through Jesus, our friend and our brother. Amen



PRINCIPAL'S MESSAGE - Dr Darren Egberts

The past few days have been very difficult for many in the Sacred Heart College community and, more broadly, for many communities across the Macedon Ranges and Central Victoria. The tragic death of Castlemaine FC player Dallas Keogh-Frankling while playing at the Kyneton football ground on Saturday, has deeply saddened and grieved all involved. We will continue to hold Dallas' family and friends in our thoughts and prayers, as well as all who have been impacted by this terrible event.

In light of the challenges of this week, I would like to thank the staff and students of Sacred Heart College for the compassion, respect and care that has been shown in recent days with particular thanks to the College's Wellbeing Team whose professionalism and capacity for mercy are critical in these sad times.

Reconciliation Week

The last two weeks have seen a number of activities and events held at Sacred Heart aligned with Reconciliation Week. Key amongst these was last Thursday's annual Makarrata Assembly; the whole school gathered in Quambi in a spirit of reconciliation and truth-telling. The undoubted highlight of the assembly was a special presentation by Western Australian Noongar woman, Courtney Ugle. Courtney is currently co-captain of the Essendon women's VFL side and spoke with passion and emotion to our students on the challenges she has faced as an indigenous woman personally, culturally and professionally.



The words of our Culture Captain Poppy Mills, provided below, summarise the importance and meaning of our gathering:

*On this day of truth-telling, we express our sorrow for the suffering caused
by the stolen generations,
for the painful history of massacres that took place on the surrounding landscapes,
and for the ongoing issue of First Nations deaths in custody.*

*And with enthusiasm and hope, we anticipate the possibility that our First Nations brothers and sisters might
have their voices enshrined and recognised.*

Mid-Year Examinations

Yesterday saw the commencement of mid-year examinations for students in Years 10 & 11 with those in Years 8 & 9 joining them next week. These examinations are an important part of the assessment program for students and provide a mirror on how an individual's learning has progressed thus far in 2023. I encourage students to devote an appropriate amount of time to study and revision over coming days, and to view the examination experience as important preparation for senior examinations to come.

Yours in Mercy,

Dr Darren Egberts

SCHOOL OFFICER – LEARNING SUPPORT



If you enjoy working with and relate well to young people and would like to assist students with additional learning needs to become independent learners, then we would like to receive your application.

The College is hoping to employ a Learning Support Officer to commence Monday 10 July 2023 or as soon as possible following that. The position is part-time (0.6FTE) with flexible work hours possible on negotiation. The contract runs until December 2024 with the possibility of ongoing employment.

The Terms and Conditions, Selection Criteria, Role Description & Application Form will be emailed to you on request from the Principal's Acting PA (Mrs Loretta Hanns) by phoning 03 5421 1226 or by email as follows: lhanns@shckyneton.catholic.edu.au

Experience working with students on the Autism Spectrum would be an advantage.

Applications are to be emailed to:
The Principal, Dr Darren Egberts
principal@shckyneton.catholic.edu.au

Applications Close: Monday 12 June 2023 at 4.00pm

A Ministry of Mercy Education Limited



Bereavements - Your prayers are asked for the following families who are mourning the passing of a loved one recently. The Waight family on the passing of Vickie McClean, Aunty of Kodah Year 8, and the Foskett family on the passing of Sally Foskett, grandmother of Benjamin 12C and Angus 8C.

Our thoughts are with you all at this sad time.

CALENDAR DATES

Mon 5/6 Exams - Years 8, 9 10 and 11
Year 8 Boys and Girls Soccer
Year 8 Boys AFL
Year 12 VCE Visit to Melbourne Magistrates Court

Tues 6/6 Exams - Years 8, 9 10 and 11
Year 7 Girls Netball

Wed 7/6 Exams - Years 8, 9 10 and 11
GVBR Training 3.40pm to 5.00pm

Thur 8/6 Exams - Years 8, 9 10 and 11
College Tour 9.15am to 11.00am
Period 5 3.35pm to 5.00pm
Parenting with Purpose Workshop 5.15pm to 7.15pm

Fri 9/6 Exams - Years 8, 9 10 and 11

Mon 12/6 **KINGS BIRTHDAY HOLIDAY**

Tues 13/6 Humanities Week
Year 12 (2024) Subject Selection Student Presentation 8.50am to 9.30am
English Unit 3 SAC
Period 5 3.35pm to 5.00pm

Wed 14/6 GVBR Training 3.40pm to 5.00pm

Thur 15/6 **GAT - General Achievement Test**
YEAR 10 REFLECTION DAY

Fri 16/6 **STUDENT FREE DAY**
Report writing and Correction Day

Mon 19/6 Refugee Week
VET Year 2 Animal Care Studies First Aid Course 10.45am to 4.45pm

FEE ARRANGEMENTS AND CONCESSION NEWS — *Matthew Shaw, Business Manager*

CSEF Applications (Camps, Sports & Excursions Fund) - **Closing Date 23/06/2023**

Families holding a valid means-tested concession card or temporary foster parents are eligible to apply. This applies to families who hold a Current Veterans Affairs Gold Card, a Health Care Card or a Pensioner Concession Card.

For eligible families the government will pay \$225 directly to the College, and the College will match this amount. A total of \$450 will be credited to your Family School Fee account for each student. For card holders, please complete a [CSEF application form](#).

For any queries relating to School Fee Arrangements or CSEF, please contact Accounts Receivable on 5421 1218, or via email on accountsreceivable@shckyneton.catholic.edu.au

CLOSING SOON

**DON'T FORGET
TO GET YOUR
APPLICATION IN**

Semester Two Subject Changes

Semester Two subject/elective changes for Years 10 and 11 is now open, and **will close on Tuesday 20 June**. Student timetables will be uploaded to SIMON for the start of Term 3, Monday 10 July.

Instructions for Semester 2 Subject Changes.

- Book meeting with Mr Matthews (O208)
- Identify if the change is possible based on the subject/unit blocking and class sizes
- Complete a Change of Subject Form containing relevant information for the subject change. This form requires students obtain signatures from a parent/guardian and current subject teacher. Students must also provide a reason for the change
- Return Change of Subject Form to Mr Matthews by **Tuesday 20 June, 2pm**.

Students will be required to organise an appointment with a member of the Careers team if any subject changes could potentially have a significant impact on their future career plans. Information about the Change of Subject Process will be available for students via Daily Messages.

Semester One Exams

Semester Two examinations have started for students in Years 10 and 11. I am impressed by the way our Senior Students have approached this examination period. Examinations are an opportunity for students to show their teachers their understanding and application of what they have learned throughout the Semester One. The stress some students may feel during the exams is very natural.

This article (from the Headspace website) [Headspace: How to reduce stress & prepare for exams](#) contains several easy to implement tips for examinations.

Safe partying – The Inside Info

The world of partying, alcohol, binge drinking, and drugs are important topics to talk about, with education being the most effective way to support our students and parents/guardians. On Tuesday 23 May, the College organised for Sonia Karras (Whole New World) to present several information sessions to our community. Throughout the day, Sonia presented information about Vaping and health to Year 8 which included the new laws to be introduced for e-cigarettes and vaping. The Year 10 session focused on alcohol and parties, then Year 12 received information relating to 'schoolies', turning 18 and drinking driving. Students in each year level were engaged by the content they received, and they asked Sonia plenty of questions at the end of their session.

Later that evening, Sonia hosted a Parent Engagement evening in the Theatre, where she covered a range of topics around Safe Partying. The purpose of the evening was to support parents to initiate conversations on these social topics with their children. Sonia provided information about drugs and alcohol, safe parties at home and making sure your child is safe when they go to parties. She also provided information about staying informed and up to date on safe partying. The evening was well received by those who attended.

The next Parent Engagement Evening: Dr Jodie Richardson Moving Teens from Anxiety to resilience - 1 August 2023

She will present information relating to anxiety, what happens to the brain, how to identify anxiety and teach your child to recognise it, practical strategies to dial anxiety symptoms down, as well as other information relating to anxiety.



*Sacred Heart College is committed to promoting the safety, wellbeing and inclusion of all children.
Further information about Child Safety at SHCK can be found on the College website.
<https://www.shckyneton.catholic.edu.au/our-college/child-safe/>*

Bus Issues

The focus for this week's article is different aspects of bus travel. Bus travelling is vital for our families as more than 600 of the 820 students who attend the College travel by bus. The buses that we use are part of the Government Bus System, coordinated by Kyneton High School. There are strict rules as to who can travel on these buses. Anyone who is not allocated a seat on a bus cannot travel on it. If a student does not use their seat on one bus, they cannot get on another bus instead. If students get on the wrong bus or on a bus in order to get a lift somewhere, they will be asked by the driver to leave. The bus will not move until they have departed. Kyneton High School has the final say as to who travels on the buses.

As we are all aware, driving a school bus is a huge responsibility, and it is important that the drivers are able to focus and concentrate on driving the bus. It is for this reason that behavior rules on the bus are essentially the same as behavior rules at school. Students are expected to:

- Wear their seatbelts
- Stay in their seat
- Not throw things around
- Not use College computers
- Interact well with other students
- Not vape
- Not use foul language

If your child comes home from the bus and any of these things have occurred, please contact both Kyneton High School and Sacred Heart College with the name(s) of the offending students and information on what has happened. Any behavioural issues that occur on the bus involving our students will be dealt with as though they had occurred at school.

Walking to the Bus

Another tension point concerning buses is the walk to the bus loop. This involves over 600 students making their way in a slightly staggered manner to the bus loop behind the High School. This means that the footpaths are very full and difficult for pedestrians who may have decided to walk past the school at this time. Students need constant reminders from home and school to be respectful of other people, as this huge crowd is quite intimidating. Students also need reminding about school crossings. These are there for a reason, as this time of day is also a busy school pick-up time, with many cars driving through as well. The people who man the Crossings have alerted us to several groups crossing the road outside the designated School Crossing points. I would also ask parents who park across the road from the school not to encourage their child to walk directly to them if this means avoiding the School Crossing, as this is extremely dangerous.

COLLEGE CAPTAINS - *Alex Lonergan and Baylee Eve*

Big Freeze Beanies - Until the End of Term

Motor Neurone Disease (MND) is the name given to a group of diseases in which the nerve cells (neurones) controlling the muscles that enable us to move around, speak, swallow and breathe fail to work normally and eventually die. With no nerves to activate them the muscles gradually weaken and waste. There is currently no cure for MND, but treatments are available to help manage symptoms and extend life. Founded in 2014, FightMND was established with the purpose of finding effective treatments and ultimately a cure for Motor Neurone Disease. What FightMND has done since 2014 is be the voice, and the guiding star for Australians who want to fight 'The Beast'.

As the Big Freeze beanies are a fundraiser for this worthy cause, **students will be able to wear any version of these beanies, in the schoolyard, to raise awareness for the 'Fight the Beast' MND Campaign, until the end of term.** We also have plans to hold our own fundraiser in school, with dates and format to be confirmed.





Free – SIMON Everywhere – Download the App now...

The simplest way to use PAM and keep up to date with activity permissions, sick passes, absences, and your child's education is to download the SIMON Everywhere App. If you need some help setting this up please reach out to our Administration Team, we would be happy to help you. We want this App to be your one stop shop for all things Sacred Heart College. If you have any suggestions, feedback, or issues regarding PAM please contact us via email – pam@shckyneton.catholic.edu.au

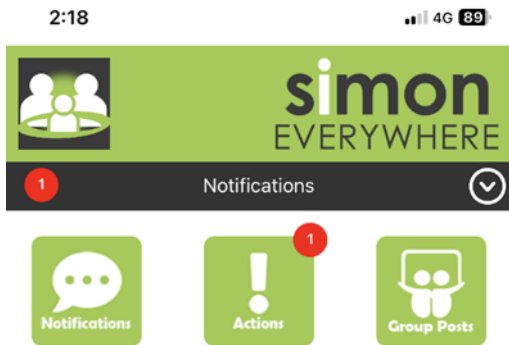
Reminder: All student full day & partial day absences, late arrivals and early leave passes must be lodged via PAM.



If you are having issues with using the system, please reach out to us on 03 5421 1200 and speak with General Reception or via make contact via pam@shckyneton.catholic.edu.au

School Activities via SIMON Everywhere

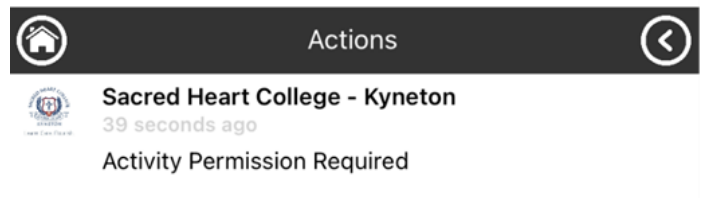
School Activities are any Incurtion, Excursion or Camp that your child has the opportunity to participate in as part of their education at Sacred Heart College. All students must have consent from their Parent/ Carer and an up to date Medical Profile to attend any activity. Consent is given via PAM which can be easily accessed and completed via the SIMON Everywhere App. Instructions on how to find and complete Activity Consent for your child are provided below.



Parents/Carers will receive an email when there are Activities requiring consent or Tasks to complete they will also see a red circle with a number that indicates how many actions you need to complete.

By clicking on the Actions Button, you will see a list of activities or tasks that need to be completed, as shown in the image on the right.

Clicking on this will lead you straight to the permission request, which will outline details of the activity – What, Where, When. You will need to complete all consent buttons at the bottom of the information and click confirm to complete the permission request. **Note: Your Childs medical profile must be up to date for you to give permission and for your child to attend and activity.**



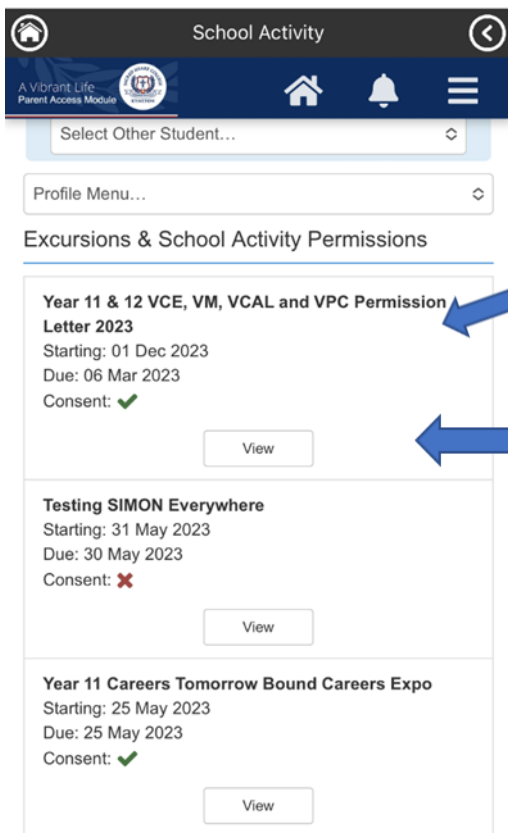
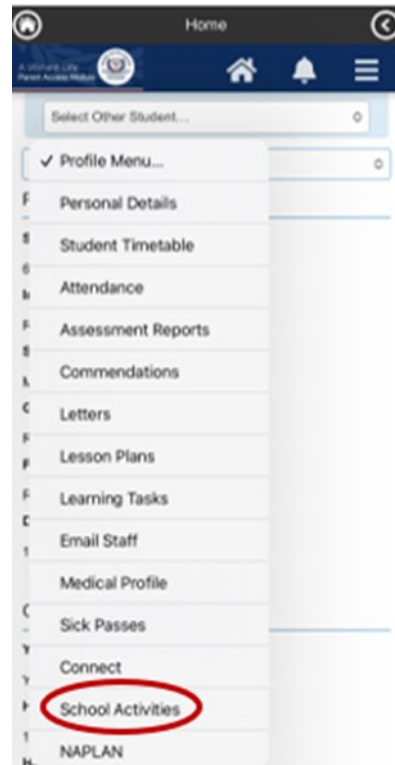


Another way that you can view your child's activities is by clicking the home button, this will take you to your home page.



Click on your Child's Name, this will take you to their individual Student Profile.

Click on Profile Menu to drop down the list of options and select School Activities.

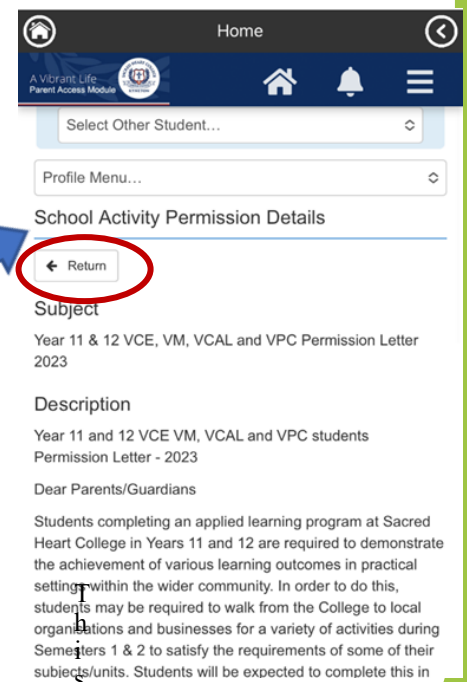


This will take you to a list of all Excursions & School Activities permissions for your Child. You can see from the image that it is clear what you have consented to (ticked) and what you have declined (crossed).

If you need to view the details of your Child's upcoming activity, please click view.

This will show you the activity details.

Once you have completed viewing, simply click 'Return' to go back to the previous screen.



In our next Newsletter we will cover – How to email your Student's Teachers via PAM.

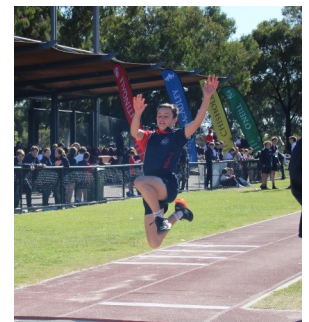
Athletics Results 2023

2023 ATHLETICS INDIVIDUAL AWARDS

Year 7 Male	Year 7 Female
Tyler Fynch	Matilda Matthews
Michael Brown	Alice Ford
Hayden Edmondston	Tessa Smith
Year 8 Male	Year 8 Female
Rhys Bosanko	Lucy Killick
Antonio Iaria	Anna Elliott
Thomas Beachey	Ralema Kome
Year 9 Male	Year 9 Female
Ronan Yow Yeh	Ruby Fraser
Liam Durrant	Hayley Hall
Ruben Hewitt	Kejsi Schulz
Year 10 Male	Year 10 Female
Tyler Ball	Lucy Munro
Kuppah Kome	Jennifer Sullivan
Lachlan Hall	Sian Hooppell
Year 11 Male	Year 11 Female
Saxen Brooks	Bridie Sutton
William King	Ivy Stevens
Jack Freestone	Akira Powell
Year 12 Male	Year 12 Female
Harrison Sheahan	Cara Beattie
Samuel Bartlett	Poppy Mills
Noah Cooper	Emma McCalman

TEAM SCORES

1ST	MCAULEY	4,776
2ND	NIGHTINGALE	4,090
3RD	O'NEILL	3,352
4TH	CHISHOLM	3,222



SACRED HEART COLLEGE

RECORDS SET AT ATHLETICS CARNIVAL 17 MAY 2023

Event	Name	House	Time
Male Yr 8 Triple Jump	Rhys Bosanko	O'Neill	10.03
Male Yr 7 1500M	Tyler Fynch	McAuley	4.53.26
Male Yr 7 Triple Jump	Michael Brown	O'Neill	9.33
Male Yr 9 200M	Valentine Smith	Nightingale	25.01



SEEDS OF JUSTICE 2023 'Being a Voice for Generations'

On 18 May, Mercy@work Team consisting of Claire Byham (Yr9), Macey Holmes, Bronte Myer (Yr8), Matilda Williams, Charleigh Ager, Tilly Mathews and Kate Hemphill (Yr7) listened to Professor Michelle Foster's presentation about the Constitution and its relevance to the Voice to Parliament.

Students made the following comments about their day:

- Many of us didn't realize that the Australian constitution excluded Indigenous people.
- Many of us didn't know the extent of how badly indigenous people were treated
- Many of us didn't know that Indigenous people were treated as if they weren't people.
- I didn't know how badly the aboriginals were treated and how they had no rights. Now we have the opportunity to fix this with the 'Yes' vote.
- We had a better understanding of what 'voice to parliament' means to Indigenous and Australian people.
- We found out how the rules of changing the Constitution work - That at least 4 of 6 states had to be approved by saying yes.



YEAR 11 RETREAT - Sam Weir, Director of Faith and Mission

Last week our Year 11 students took part in our annual overnight Retreat. Taking part in a Retreat provides the opportunity to step back from the daily movement and hum of our lives. It is a time to pause our ordinary routines, so as to focus our attention on the inner realm of our hearts. Our Year 11 Retreat provided us with opportunities to be attentive to our spiritual growth, to our experiences of companionship within the community, and to our appreciation of what it means to be a person of Mercy.

Over the course of the Retreat program, we drew upon three thematic strands:

- our Year 11 Mercy Value: Service;
- the 2023 College theme: "Respect - See the person within";
- and our shared calling to serve as people of Mercy.

Assisting us to explore these thematic strands were our guest presenters from CatholicCare Victoria, McAuley for Women and Children, and Yorta Yorta musician Scott Darlow. In the conversations that arose from these presentations, our Year 11s discussed their own capacity to address injustice in whatever form it takes, by serving as advocates and allies who are equipped with information, and a heart of compassion.

NEWS FROM THE DESIGN TECHNOLOGY CLASSROOM - *Andrew Scarlett*

During Semester One, Year 8 students have been designing and producing a clock. The first step in the design process was to produce a plan of what they would like their finished clock to look like. The students then moved on to practice a timber joint.

In the next stage of the design process, the students were required to make a timber box to hold the clock mechanism. They then cut out a shape for the clock face from plywood and attached this to the timber box. They moved on to use either a wood burner or paint to complete their clock face design.

Students were able to use their creativity selecting a variety of clock hands and numbers for the face of the clocks.

As you can see the students have completed some fantastic designs!



NEWS FROM FOOD TECHNOLOGY - *Lucy Taylor*

FOGO in Ursula Frayne Building

Staff in Frayne Building have been a tad excited of late, as FOGO and a sustainable waste system has been introduced into the building.

The students have embraced the change with vigor; check out Rocky from Year 7 using the new FOGO bins!

It has been a seamless transition with all classes doing the right thing, and if unsure are asking which is the correct bin for their waste.

Our general garbage has been drastically reduced, as all food waste/paper towel is now in the FOGO - WE ARE VERY EXCITED!



Mock Interviews

Our Year 10 students recently took the first step in learning about transitioning from school to the workforce via a series of Mock Interviews, as part of their VCE Industry & Enterprise unit.

The Mock Interviews simulate a real-life job interview with students learning how to develop interview strategies, answer difficult questions, think on their feet, improve communication skills, and understand professional expectations.

The program invites external industry professionals to interview students, providing a realistic interview experience whilst enabling students to receive important and relevant industry feedback. Interviews took place online following the growing trend for remote interviews, allowing students to familiarise themselves with this experience.

The Careers Team at Sacred Heart would like to extend a big warm hearted 'Thank You' to all interviewers who generously volunteered their time and expertise to help support the Year 10 students with this program.

If you would like to be involved in the program in the future, please select the link (or scan the QR code) to register your details. Being an interviewer is a great way to help connect local businesses with students, and for parents or former graduates to 'give back' and support students. <https://forms.gle/Mc1m9MtDqsvyqWza7>



Heard it on the Grapevine



Student Achievements

If you would like to highlight your student's achievements outside of school, please email newsletter@shckyneton.catholic.edu.au

College Dux 2020 — Amber Jepsen's Recent Award

This week Amber Jepsen was recognized as being on the Melbourne University 2022 Dean's Honours list for Bachelor of Arts (top 3%) and was awarded the 2022 Developmental Psychology Prize from Melbourne School of Psychological Sciences for achieving the highest overall score in this subject! Well done Amber, lovely to hear you are doing so well!



At Sacred Heart College, we value the partnerships formed between families, the College and Community. Our intention is to support parents/carers/guardians while raising awareness of the benefits of engaging in their child’s education. Studies have shown that a family’s engagement has a direct, positive impact on a child’s learning success.

The aim of the Sacred Heart College’s Parent Engagement Partnership is to strengthen the collaboration between school, families and the broader community, by providing Professional Learning through quality presenters on a variety of current educational topics. These opportunities can provide parents with knowledge, strategies and skills to support their child.

Parent Engagement is one of the best strategies to create a positive learning environment for all students, where home and school come together as a team. When families are engaged in their children’s school lives, students have the home support they need to develop a lifelong love of learning.

As a result, we believe that this partnership can create a more effective network of support for our students, harnessing the full capacity of the community to support student learning and enhance student outcomes in all facets of their lives.

Neurodiversity and Learning Strengths – Students and Procrastination



Andrew Fuller

[Click to access this informative article provided by Andrew Fuller to assist and support our College community.](#)

Andrew explains that the most common outcome of anxiety is procrastination and provides some practical insight and strategies to assist parents and students.

This paper is not a product of ChatGPT. It is the outcome of **real research** and how it applies to **real people**.

Andrew Fuller
Clinical Psychologist
Author and Speaker
www.andrewfuller.com.au
www.neurodiversity.org.au

Neurodiversity and Learning Strengths - Students and Procrastination

Andrew Fuller

'N.T...not today, not tomorrow' - an Australian Northern Territory saying.

With momentum, you can fly through things. Without it, everything feels like trudging through porridge. It is at those times that we tend to put things off until later or sometimes try to avoid them entirely.

Procrastination has a few major downsides - unresolved friendship issues, bills pile up, Procrastination interferes with learning & diminishes resilience.

To stop procrastinating, we need to kickstart our momentum. To do that, we need to understand what is happening to our brain.

Converting Neurodiversity into Neuro-advantage
Neurodivergent people may procrastinate because they feel anxious & overwhelmed or just as often, they have lost track of timelines & dates.

Fortunately, we live in a time where devices can remind us of due dates & organisers can system that works & one we can stick with, it is then a matter of dealing anxiety & overwhelm.

Let's talk about how to help all kids & especially neurodivergent kids, to understand what makes them want to avoid things & sometimes put them off indefinitely.

All young people, & especially neurodivergent kids, need to know how their brains learn. This sets all kids up for success in their lives & helps neurodivergent kids understand that difference does not equal disadvantage.

Meet Rex
The lower, primitive part of our brain contains 80% of our brain cells. Despite this, it is fairly basic & mainly focuses on keeping us alive, safe & comfortable. It doesn't want to do things that seem hard or risky. It is pretty much the same brain that dinosaurs had. Given its similarities let's call that part of our brain, 'Rex' (after Tyrannosaurus Rex).

Meet Albert, Albertina, and Alberta
The smarter, more developed, super-computer part of the brain we could call our pre-frontal cortex, but it is kind of cooler to call it our inner 'Albert' or 'Alberta' or 'Albertina' after Albert Einstein.

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www.andrewfuller.com.au

DEBATING - ROUND TWO - *Andrea Knight*

On Tuesday 30 May, Sacred Heart hosted Round Two of the Galway Debating Competition. Around 90 visiting students from Hume Grammar, Australian International Academy, Ilim College and Aitken College joined us to compete in variety of Junior, Intermediate and Senior debates.

Our students participated in eight debates and achieved fantastic results. Our debating team meet every Monday lunchtime. Students give up their free time to prepare their arguments and refine their debating skills. This event could not run without the help of our students, who act as timekeepers and chair people.

Please congratulate our debaters and helpers: Stella Egberts, Charlie Tracey, Kate Hemphill, Holly Alderton, Bronte Meyer, Eoin Blanks, Levi Gordon, Mila Pereira, Sophie Dunn, Claire Byham, Astrid Le Noury, Jack Meyer, Liam Durrant, Juliette Johnson, Danika Wozniak, Mia Feist, Thomas Beachey, Alexander Kelesy, William Sacco, Simone Durrant, Nicolas Hanna, Oscar Bateman, Natalia Scuteri, Flynn Wells, Lily Morrison and Eamon Bowe.

Thank you to our support staff and teachers who helped in the organisation of this event and adjudication of debates.

We are looking forward to the last round of competition on 18 July 2023.



SPORTS REPORT

Miss Eliza Duffy

Intermediate Netball

On Friday 26 May, our students travelled to Boardman Stadium in Sunbury.

The two intermediate teams were coached by Angelique Doherty, Georgia Freeman and Lucy Tobin.

In the first match of the day, it was SHC vs SHC! A guaranteed Sacred Heart win was a great way to start the day.

The A's won every match and made it through to the Grand Final. They won convincingly against Craigieburn and secured their place in the next round in Term 3.

The B's did extremely well against all teams, and showed great sportsmanship and skill throughout the day.

Thank you to all of the girls for coming along and providing some great team spirit.



Arts Week was a massive week at Sacred Heart College. We had a number of performance opportunities for our students.

Our Year 7 cohort marched down to the Kyneton Town Hall, and were treated to a wonderful performance from the 14-piece Orkestra Llektriq, (a modern, technologically inspired augmented Orchestra featuring Strings, Harp, Brass, Woodwinds, Guitar, Bass, Keyboards, Drums, Percussion, Vocals & Electronic Artist) showcasing the evolution of music since mankind first made sound. The students loved being introduced to an array of different instruments and sounds. The Orkestra Llektriq are performing again on 9 June at the Romsey Mechanics Institute. Students and families are encouraged to attend this event which will include a dance party. More information is available at www.rangesevents.com.au.

On Monday, we enjoyed the laid back sounds of Lakshmi Lawn and Lucy Killick performing at our regular Monday Music Matinees.

Former student, turned professional singer/songwriter, Taylor Sheridan visited the College on Wednesday, to talk and perform with our Year 8 students. He spoke of his time at Sacred Heart, and how he jumped at every musical opportunity in order to become a strong musician. Taylor has played alongside many incredible Australian artists, and is all set to tour with The Jane Barnes Band, (which includes a young up-and-comer named Jimmy).

Thursday night was slated to be our Annual Ensembles Concert. Unfortunately, we had to make the decision to postpone this event. Our College Ensembles rehearse weekly and perform several times each year. Participation in the College's Ensemble Concert teaches students the skills of making music with other people, which is a very different skillset to simply learning their instrument. On **Tuesday 20 June**, all Ensembles will perform at our Concert. All performers are required to be at school no later than 6:40pm, wearing full College uniform. The concert will commence at 7:00pm, in the Mary Moloney Theatre. All members of the wider College community are very welcome to attend.

Throughout the day, all performers will be required to attend a rehearsal in the Theatre to familiarise themselves with the performance environment and protocols. Students will be forwarded a copy of this schedule. Following the concert, we will provide a light supper as an opportunity for parents to meet the Instrumental Staff - please join us. We look forward to seeing you for what will be an excellent concert!



Earlier this week our senior Performing Arts students travelled to Melbourne to watch the 2023 VCAA Top Class Concert. This concert features the best-of-the-best students who achieved excellent scores in VCE Performing Arts subjects in 2022. Our musicians were given an opportunity to see exactly what excellence looks like, in order to get great scores for their subject.

Whilst the vast majority of the students who performed were either in Year 12 or Tertiary, we had our very own Year 9 phenomenon, Sylvie Rigby performing with a Celtic string quartet. The piece was incredibly sophisticated and performed with an exceptional level of expertise and grace. Sylvie’s musicianship is truly high, and we offer her huge congratulations for being asked to perform at this auspicious event. Whilst they were not officially on the excursion, Sylvie’s entire Year 9 Music class travelled independently to Melbourne to support her and witness her success. These students have demonstrated the respect and support that is abundant within the student ranks within the SHC Music Department.



NEWS FROM THE R E CLASSROOM - *Andrea Knight*

As part of National Reconciliation Week, our Year 7A students participated in “reflective stations” around the grounds at Sacred Heart. During our reflection, we stopped and remembered the women and the men of the Taungurung people, on whose traditional lands we gathered, and the Dja Dja Wurrung people, whose traditional lands border our school along the Campaspe River. We remembered that our local landscape holds an ancient and ongoing place in their traditions and heritage. We acknowledged their role as custodians of this country: the rivers and the mountains, the waters and the land. We acknowledged that they have been the original inhabitants of this landscape since time immemorial.

At one of the stations, we tied a piece of black, yellow and red ribbon to the cage around our oak tree, as a mark of our shared sorrow for the suffering caused by the stolen generations, historical massacres, and the ongoing issue of deaths in custody.



We finished our reflection in our College Chapel where we spent time thinking about our own commitment to be a person of Makarrata, healing and reconciliation.

NEWS FROM THE HEALTH AND P E CLASSROOM - Aaron Williamson

This term our Year 7s are completing a Brazilian Jiu Jitsu class to learn about bullying and how they can use self-defense to protect themselves. We were lucky enough to have Coach Marcos and Coach Kobi from Marocco Academy in Kyneton to come and teach the students a range of self-defense techniques and strategies to use in situations of bullying. The students have greatly enjoyed the program and have been extremely engaged in the coach's instructions, demonstrating the skills they have learned in a safe and controlled environment.

We would like to say a big thank you for the once again excellent program that the Marocco Academy had brought to Sacred Heart.



NEWS FROM THE HEALTH AND HUMAN DEVELOPMENT CLASSROOM - Aaron Williamson

Year 11 Health and Human Development - Cooking for Mental Health Sessions

On Friday 19 May we were privileged to have Jessica and Jennifer of Expert Eats to come to Sacred Heart and teach the HHD classes about the impact that food can have on our health and wellbeing. This links in with the previous topic of Nutrition as well as the current topic of Mental disorders. The students were shown a wonderful minestrone recipe and then were able to put their skills to the test in cooking the dish in their own groups. While leaving their minestrone to cook, the students had a discussion about how our food and drink choices impact the bodies digestive system and that we should always try to eat unprocessed foods that are high in fibre. The students had a fabulous time and really enjoyed the experience.

A massive thank you to Jess and Jen for coming out to Sacred Heart and to Lucy for preparing the Frayne kitchen for us!



Career Tools Website



Click here to
Access the new
Career Tool
Website

For our latest Careers Newsletter please head to our new Careers Tools website at www.shckynetoncareers.com and go to IMPORTANT INFO then careers newsletter!

Year 12 Tertiary Information Session

The Careers Team presented to the Year 12's on the all things higher education, as an introduction for career sessions that will be presented in the coming months. The students were able to learn about the options, pathway planning and general information about tertiary life. We also had a past student record their experiences to help students with preparation. Finally we offered a Q and A for students to ask questions in an informative and professional setting. We look forward to continuing our work supporting the students in transitioning from SHC.

Year 11 Tomorrow Bound Career Expo

All Year 11 students attended the annual Tomorrow Bound Careers Expo as part of their ongoing Careers and Pathways planning. This event is an education, training and careers expo that highlights the range of exciting courses, pathways, and employment opportunities available throughout the City of Greater Bendigo and beyond. Students were able to listen to a formal presentation on the introduction of Tertiary options. Students were then able to attend the EXPO talking to employers, apprenticeship organisations and higher education providers. A wide range of informative and interactive stands designed to both engage and inspire.



The Arts

ARTS WEEK WRAP-UP

Last week Sacred Heart College celebrated **Arts Week 2023** in true style. We had a multitude of Arts events happening, with over 280 students involved in various activities during the week.

We will have some more detailed reports in the next newsletter – as well as the winners of our **Arts Week** photography competition. Thank you so much to the Arts Staff who invested so much of their time that week, running workshops, badge making in the Atrium at lunchtimes and inspiring our Arts students to engage in creativity!

'THE BEAT'

All Year's 7 attended **'THE BEAT'** at the Kyneton Town Hall, which featured a 14-piece electric 'Orchestra' on stage with lights, sound, visuals and more. The performance focused on looking at how time, math and science have been expressed through Music throughout history. By all accounts, our students and staff absolutely loved it - it was fantastic show!

IMPROVISATION WORKSHOP WITH 8 DRAMA

All Year 8 Drama students took part in a 70 minute improvisation workshop with Ms Galloway and Mr Gallagher, where they were really put through their paces, creating stories and scenes 'on the fly' and playing some raucously fun games in the Multi-purpose Room.

TAYLOR SHERIDAN CONCERTS

Former SHC student and professional musician, Taylor Sheridan, performed a 35 minute concert for all Year 8's, a special intimate recess gig in the staffroom and a lunchtime 'gig' for the entire school. It was a fantastic event and the students and staff were really engaged and loved Taylor's shows. Taylor shared some amazing stories of his life at school and beyond through these songs as a moving and engaging narrative. If you haven't yet checked at Taylor's YouTube Channel, please do yourself a favour! <https://www.youtube.com/@Taylorsheridanmusic> Taylor is a true talent and the staff and students that know him are so incredibly proud of his achievements. His concerts that day created an incredible 'buzz' and a whole bunch of new fans. Taylor had a brief tour of the school and was amazed at how facilities have changed. He was particularly impressed by the Animal Studies Room and spent some time there with the dedicated students and the incredible Marika Payne and got to catch up with Flo the rabbit, who Taylor actually donated to the school!

'I WANNA BE YOURS' - MTC LIVESTREAM & 'ZOOM'

Year 9 and 12 Drama, Year 11 Theatre Studies and Actor's Studio students enjoyed a live stream of the new MTC play, 'I Wanna Be Yours'. They were also lucky enough to engage in a zoom conversation with Ellie Barkla, one of the stars and former SHCK student!

DANNY BUTTERWORTH 'PORTRAITARE' WORKSHOPS

On Friday, we were very privileged to have talented artist Danny Butterworth running Portraitare' workshops for all of our Year 7 – 12 Art classes. It was an amazing atmosphere with students working hard and quickly creating portraits in a 60 minute session.





Cathouse Players Inc.



Present

Deception

Directed By Bette Sartore

(n) The action of deceiving or misleading

Three award-winning one-act plays and a World Premiere

Sat Jun 17 th	2:00 pm	High Tea with Bubbles
Sun Jun 18 th	2:00 pm	High Tea with Bubbles
Fri Jun 23 rd	8:00 pm	Wine & Supper
Sat Jun 24 th	2:00 pm	High Tea with Bubbles
Sun Jun 25 th	2:00 pm	High Tea with Bubbles

Tickets: \$25/20 (All Sessions)

<https://www.trybooking.com/CEUSG>

<https://www.cathouseplayers.com.au>

Enquiries & Phone Bookings Ph. Katie or Brian 0490 485 850



Kyneton Masonic Centre

7 Yaldwyn St West, Kyneton

All Shows start promptly at the stated time.

Doors are open 30 mins prior to show time. Complimentary Sherries are served



Finding Freedom: Real Stories of Human Survival.

Kyneton Town Hall, Sunday 18 June
1 - 4pm, 129 Mollison St, Kyneton

Macedon Ranges Rural Australians for Refugees is excited to announce a community event to launch Refugee Week, supported by Macedon Ranges Shire Council.

Host and keynote speaker, **Tom Ballard**: actor, comedian and broadcaster.

Featuring **Muzafar Ali**: Hazara photographer, human rights activist and winner of the 2022 Fred Hollows Humanitarian of the Year award.

Presenting personal stories from four refugees: our very special guest speakers. Plus, hear about the launch of our **student writing competition!**

Cost: Adults \$35 / Students \$10



To book or for more information

Scan the QR Code, visit mrrc.vic.gov.au/refugee-week

call 1300 888 802, or email comdevadmin@mrrc.vic.gov.au



Taikokoro Inc. Japanese drummers are coming to the
Macedon Ranges!
Day: Friday 9 June
Time: 5:40pm



Performing at the
Woodend Winter Arts Festival
JUNE 9-12 2023

THE ORKESTRA
LEKTRIQ
 PRESENTS
THE BEAT

Let this 14-piece **Electric Orchestra** take you through the history of The Beat from the 'Big Bang' to the Internet Age -- **dance party style!**

ROMSEY MECHANIC'S INSTITUTE
FRIDAY, JUNE 9TH
 MATINEE: 12pm | DANCE PARTY SHOW: 7pm

7-10 pm All-Ages Dance Party Show with support from **The Mods & bar from Rock & Ranges Brewery!** Family discount tickets!



BOOK NOW at
rangesevents.com.au

MR. YUM THURSDAY, JUNE 8th
 ROMSEY MECHANIC'S INSTITUTE | FROM 6pm

pay-what-you-can youth stage
byo Take away

MR. YUM

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 Marocco Academy.**

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One free class per student from Sacred Heart College Kyneton.
 Offer available only until 31 August 2023.

MAN CAVE **SUNBURY COBAW COMMUNITY HEALTH**

WHAT'S GOING ON WITH BOYS?

The Man Cave presents an information session for parents, carers and mentors of young people in the Macedon Ranges

8 June 2023
6.30pm - 8.30pm
Macedon Woodend Scout Hall
118 Railway Place Macedon

Book via QR code or go to:
www.surveymonkey.com/r/Whatsgoingonforboys
 For more info email: healthpromotion@scchc.org.au