NEWSLETTER

4 March 2021

Learn. Care. Flourish.



Prayer

Within our Sacred Heart College community, we have a number of families who are currently struggling with the fear and uncertainty of serious illness. For these parents and young people, every day is a new day; one that can be hope-filled or frustrating and sad. Our prayers and friendship provide comfort and companionship amidst this rollercoaster and I ask all in the Sacred Heart College community to hold these families in our hearts in the days and weeks ahead.

God of Mercy. We place before You, the illness present in our world. We turn to You in our time of need. Stabilize our communities. Bring wisdom to doctors. Unite us in our compassion. Give understanding to scientists. Remove all fear from our hearts. Endow caregivers with compassion and generosity. Fill us with confidence in Your care. Bring healing to those who are ill. Protect those who are most at risk. Jesus, we trust in You. Give comfort to those who have lost a loved one. Jesus, we trust in You. Welcome those who have passed away into eternal life. Jesus, we trust in You.

PRINCIPAL'S MESSAGE - Dr Darren Egberts

Interruptions next week

A number of whole school activities are scheduled for next week:

- Monday 8 March is the Victorian Labour Day public holiday
- Tuesday 9 March is a staff professional learning day with teachers reviewing the Restorative Justice program that forms the basis of the College's Behavioural Management procedures. No student classes running.
- Thursday 11 March is the College Swimming Carnival at the Sunbury Aquatic Centre. This carnival was postponed due to the recent Stage 4 Covid lockdown. Hopefully the weather is fine and warm.

Camps and Excursions

One of the important aspects of school that was mostly lost in 2020 was the wide variety of camps and excursions that students enjoy. These activities form a fundamental part of the holistic education that Sacred Heart College prides itself on. Thankfully, the Victorian Covid-19 situation seems stable and a number of important camps and other activities are planned for coming weeks:

- Our Year 7 students are completing their camp at Kinglake this week, with the three days away complemented by a single Year 7 Reflection Day here at school;
- The VCE Outdoor Education students commence their program of activities this week with a dive camp on Port Phillip Bay;
- Week 7 sees all Year 8 students heading to Anglesea for their Year 8 Camp and Year 12 students spending three days at Rutherford Park for their Senior Retreat.



Respiratory Infections and Colds

A reminder to all parents and carers of the importance of keeping children at home if they are suffering from a cold or respiratory infection. Given the ongoing awareness of possible coronavirus infections, the College is required to send any students home if they display even the mildest flu-like symptoms (runny nose, sore throat, heightened temperature).

Principal's Long Service Leave

I will be taking an extended period of leave later this month as our family heads north to explore Queensland and Central Australia. Like many families, our plans last year were delayed by lockdowns and border closures, but recent easing of restrictions have allowed more certainty with domestic travel.

I will be away from Wednesday 24 March – Friday 14 May. In my absence, the following leadership changes will be in place:

Wednesday 24 March - Monday 19 April

Acting Principal - Julie Mortimer

Tuesday 20 April - Friday 14 May

Acting Principal - Debra McNaughton

Tuesday 20 April - Friday 14 May

Acting Deputy Principal - Learning and Teaching - Chris White

Yours in Mercy

Dr Darren Egberts **Principal**

























Bereavements - Yours prayers are asked for the following families who are mourning the passing of a loved one recently. The Morton family on the passing of Denis Morton, father of Chris Morton, staff member. Also, the Buerger family on the passing of Nonny Buerger, great grandmother of Lily 10D and Jude 11D. Our thoughts are with you all at this sad time.

CALENDAR DATES

Fri 5/3 - Year 7A, B and C Reflection Day

- Year 7D, E and F Camp Returns 3.30pm

Mon 8/3 - Labour Day Public Holiday

Tues 9/3 - Student Free Day - Staff Professional

Learning Day

Wed 10/3- Year 12 Luna Park Excursion

Unit 1 P E Ozzfit Gym Excursion

- Year 10 Outdoor Rec. Bouldering Excur.

- Principal's College Tour 9.15am

Thur 11/3- SWIMMING CARNIVAL - SUNBURY

Fri 12/3 - Mickleham Swimming TBC

- Year 10 Geography Queenscliff Excur.

- Year 7 Social 6.30pm to 8.30pm

Mon 15/3 to

Fri 19/3 - Year 8 Surf Coast Camp - Angelsea

Mon 15/3 - Grade 5 Visits - Catholic Feeder Schools

Tues 16/3- Grade 5 Visits - Catholic Feeder Schools

Wed 17/3 to

Fri 19/3 - Year 12 Retreat - Rutherford Park

Thur 18/3- Year 11 Your Money Matters Incursion

- Period 5 3.45pm to 5.00pm

Fri 19/3 - Return of Year 8 Camp

Return of Year 12 Retreat

DEPUTY PRINCIPAL - STUDENT WELLBEING - Julie Mortimer

Sacred Heart College is committed to promoting the safety, wellbeing and inclusion of all children. Further information about Child Safety at SHCK can be found on the College website.

https://www.shckyneton.catholic.edu.au/our-college/child-safe/

THE LANGUAGE WE USE

The beginning of 2021 has seen many norms and behaviours being challenged across society. The language we use is one of these. The things we say to each other can be encouraging and life giving, stressful and soul destroying, and everything in between. Our language is the most obvious reflection of ourselves towards other people. No one likes to be spoken to rudely or abused, whether you are a teenager or an adult, but unfortunately this occasionally happens in most of our daily lives. This can be upsetting and can make us doubt ourselves, and think differently about the person directing these comments.

When this abuse escalates into sexist, racist or homophobic language, it can have far greater ramifications on the victim. It can mean the end of their confidence, which may prevent them from pursuing or participating in the things they love, cause them to withdraw by seriously effecting their self-esteem, and in the worst-case scenario, self-harm or suicide. These comments are usually accompanied with 'I was only joking' when challenged, but this is not a joke. It is never the intention of the perpetrator that is considered, but the perception of the victim that matters. We do not want any of our students at our College to feel different or less worthy as a result of these types of comments, and we deal seriously with them if they come to light. It is not OK to say things to girls as have been in the media this week, to question a young persons' sexual orientation or make a racist remark just because you can. We do not have a major problem with this issue at SHC, but any nasty comment is one too many. They say more about the person making the comment than anything else. It is noticed by others and it is never forgotten. The days of 'boys will be boys' and 'it was a joke' are long gone and these views will no longer be accepted. Please discuss this with your child .

LEARNING OPERATIONS COORDINATOR - Jamie Walker

NAPLAN

On Tuesday 23 March, Sacred Heart College will be participating in a NAPLAN practice. This will test the Sacred Heart Wireless system, VCAA servers and Student devices.

There are two practice tests that will be conducted. This also gives the students in Years 7 and 9 some familiarity with the On-line testing platform and questions. The teachers will also practise the administration of the tests.

Please ensure that your student has **earbuds (booklist item)** and a **fully charged laptop** for the practice test on Tuesday 23 March and for the tests in May.

More details regarding the testing timetable and parental information will follow in the School newsletter after the term break. Many thanks for your support.

DIRECTOR OF FAITH AND MISSION - Annie O'Shannessy



Origins of World Day of Prayer

The origins of World Day of Prayer date back to the 19th Century, when Christian women of United States and Canada initiated a variety of cooperative activities in support of women's involvement in mission at home and in other parts of the world. https://worlddayofprayer.net/about.html The focus of this year's World Day of Prayer is Vanuatu.

The theme is Build on a Strong Foundation.

The Sacred Heart community prays for all the services happening around the world, especially for Vanuatu where the World Day of Prayer will take place.

Pray for the weather; pray for the venue; pray for all those attending this special day; pray for friendship and fellowship; and pray for the people of Vanuatu to feel the wave of prayer washing over them. We pray for peace and goodwill to all the world, Amen.

Year 7 Reflection Day

For these students, camp week began with their Reflection Day. The day was an extension of the *Belonging* unit studied in class. The students learned more about the Sisters of Mercy and their story in Kyneton. The day began with prayer in the Chapel and, throughout the morning, the students rotated through the Stations of the Cross, a tour of the buildings and the story they add to the history of the College. The students also participated in creating a prayer flag. The students and teachers walked to the Playground at the Botanic Gardens, before going to the cemetery to see where many of the Sisters are buried. It is hoped that the students gained a bit more of the rich history and story of Sacred Heart College, and the Sisters who worked hard to build what we now enjoy.











Sacred Heart College Kyneton

Understanding Anxiety & Depression

Members of the local community are invited to attend this Mental Health & Wellbeing Event.



Guest Speaker: Bryan Jeffrey

This presentation draws on Bryan's 26 years of experience as a registered psychiatric nurse in the Child and Adolescent Mental Health sector.

An engaging speaker who aims to demystify mental illness and assist attendees in utilising the

information provided, either for self-care or in support of others. Further information about this event can be found on the Trybooking page (see details below).

When: Thursday 25 March
Time: 7:00 pm - 8:30 pm
Where: Mary Moloney Theatre

Sacred Heart College, Kyneton

: This is a free event but seats mus

Tickets: This is a free event but seats must be booked via www.trybooking.com/BOYJJ



A Ministry of Mercy Education Limited - ABN 69 154 531 870

A Sacred Heart College Parent Engagement Initiative

HEAD OF SENIOR SCHOOL - Paul Matthews

The unpredictable nature of the last several months highlights the need for our Senior School students to develop their D.R.I.V.E.. This is the framework on which the Senior School team has based our Wellbeing programs for this calendar year. D.R.I.V.E. is an acronym for Direction, Resilience, Independence, Vitality and Efficacy.

So far this year, Year 10 and 11 students have been involved in a talk with Kate Fitzsimons who is a Teen Resilience Coach & Motivational Speaker. Kate introduced the concept that RESILIENCE is about 'response-ability', where individuals always have the ability to choose how they feel and respond to any situation in life.

To assist with the DIRECTION of our Senior School Students, Year 10's completed a Time Management session that was presented by Elevate on 23 February. Year 10 is an opportunity to develop new learning behaviours, refining them as the year progresses in preparation for Years 11, 12 and Post-secondary schooling. Elevate will present a goal setting session on Wednesday 10 March to our Year 11 students. This session will assist students to set meaningful goals they can work towards this year.

Year 12 students are well underway in their VCAL, VET and VCE subjects. In about two weeks, they will have an opportunity to pause and go on Retreat at Rutherford Park, Blampied. While on Retreat, students will have an opportunity to come together as a cohort, reflect and build on their resilience as well as their efficacy. There are a number of amazing activities planned for the three days they are away. Parents/Guardians, please remember to write your letter to your student for Retreat.

Thank you to the parents and guardians who were able to attend the online Meet the Homeroom Teacher evening. The evening was recorded and has been uploaded to the College YouTube channel for anyone who could not make it.

Year 10 YouTube link: https://youtu.be/fLJLu_yRrlQ Year 11 YouTube link: https://youtu.be/YOD6A6 sVMU

Below are two links that may offer some support and guidance for parents/guardians of our Year 11 and 12 students.

Year 11 Planning for Success

https://www.learningpotential.gov.au/articles/year-11-planning-for-success

Year 12 Survival Plan

https://www.learningpotential.gov.au/articles/year-12-survival-plan

Elevate Education Parent Webinar Series

We're excited to announce that parents of our school have exclusive access to Elevate Education's Parent Webinar Series for Term 1, 2021. Elevate works with our students, delivering high impact workshops on study skills, motivation, wellbeing, and exam preparation. By tuning into their webinar series you will learn how to better support your children at home through reinforcing the skills they learn at school.

The webinars take place across term 1, beginning on **Wednesday 24th February** at 6pm. Registration is essential and is free for parents.

You can register by clicking here.

The webinar is run **live online from 6pm – 7pm** where the presenter will share Elevate's key research and skills, and will conduct a live Q&A so you can ask them questions directly.

Should you have guestions or would like to contact Elevate directly, their details are listed below.

PH: 1300 667 945

auscoaching@elevateeducation.com

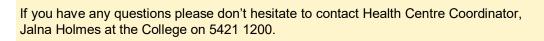
https://au.elevateeducation.com

https://www.facebook.com/ElevateEd/

MEDICATION SAFETY

Students are no longer able to keep medications in their school bags, lockers or on their person due to safety concerns. To ensure safe administration and storage of medications, any student

requiring medication while at school must hand their medication into FIRST AID where it will be stored in a locked cupboard. Medication needs to be clearly labelled with the students name and in its original packaging. All medication needs to be accompanied by a completed Medical Authority Form. A Medical Authority Form can be found on PAM and on the College website under enrol with us/policies and forms.





MEDICATION AND CAMPS

To ensure safe administration and storage of medications, any student requiring medication while on camp must hand their medication into their homeroom teacher the first morning of camp. <u>All</u> medication needs to be clearly labelled with the students name and in its original packaging. <u>All</u> medication needs to be accompanied by a completed Medical Authority Form. A Medical Authority Form can be found on PAM and on the College website under enrol with us/policies and forms.

If you have any questions please don't hesitate to contact Health Centre Coordinator, Jalna Holmes at the College on 5421 1200.

ALLERGIES

Does your child have an allergy? May they require medication at school to manage the allergy?

If the answer is "yes" they will need to have an Action Plan for allergic reactions completed by a Medical Practitioner, this will need to be uploaded to your child's Operoo profile. The Action Plan can be found at https://www.allergy.org.au/images/stories/anaphylaxis/2020/ASCIA Action Plan Allergic Reactions Green 2020.pdf

If you have any questions please don't hesitate to contact Health Centre Coordinator, Jalna Holmes at the College on 5421 1200

ACTION PLAN FOR Allergic Reactions SICHS OF MILES TO MODIFIATE ALLERCIC REACTION - Sensing of tiss, Nov., sens. - Implies growth - Nov. or write. - Implies growth - Nov. or the property of tiss. Nov., sens. - Implies growth - Nov. or the property of tiss. Nov., sens. - Implies growth - Nov. or the property of tiss. Nov., sens. - Implies growth - Nov. or the property of tiss. Nov., sens. - Implies growth - Nov. or the property of tiss. Nov., sens. - Implies growth - Nov. or the property of tiss. Nov., sens. - Implies growth - Nov. or the property of tiss. Nov., sens. - Implies growth - Nov. or the property of tiss. Nov., sens. - Implies growth - Nov. or the property of tiss. - Implies growth - Nov. or the property of tiss. Nov., sens. - Implies growth - Nov. or the property of tiss. - Implies growth - Nov. or the property of tiss. - Implies growth - Nov. or the property of tiss. - Implies growth - Nov. or the property of tiss. - Implies growth - Nov. or the property of tiss. - Implies growth - Nov. or the property of tiss. - Implies growth - Nov. or the property of tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of the tiss. - Implies growth - Nov. or the property of

FROM THE FINANCE DEPARTMENT - Matthew Shaw, Director of Business

School Fees Direct Debit and Discount Reminder

A reminder to families that Sacred Heart College offers Direct Debit payment plans. Please contact the Finance Office for details, or to arrange a plan.

CSEF Applications (Camps, Sports & Excursions Fund)

Families holding a valid means-tested concession card or are temporary foster parents are eligible to apply. This applies to families who hold a Current Veterans Affairs Gold Card, a Health Care Card or a Pensioner Concession Card.

The government will pay \$225 directly to the College, and the College will match this amount. A total of \$450 will be credited to your Family School Fee account for each student. This form is available on the College website under 'Enrol with Us then Fees and Expenses - Financial Assistance Form

Alternatively you can contact the College Accounts Department for any queries relating to the CSEF.

Closing Date 25/6/2021



2020 Debutante Ball Group

After many attempts last year for the College to host the 2020 Debutante Ball, the students were finally able to participate in the ball last Saturday night, organised by Mrs Dee McMenamim.

Following all the covid disruptions, and the lockdown scare recently, we were delighted that the students, and their families, got to enjoy this wonderful occasion. The students looked amazing and danced superbly at such short notice.





















Sticky Beaking at the Year 7 Renovations



These Year 12 students were caught having a good old 'sticky beak' at the renovation of the Hilary building. When approached by the staff member they said "we're just doing a site inspection".

In fact they were reminiscing about the days they spent in Hilary as Year 7 students. They gave their tick of approval, promising to be back for their 'final inspection'.



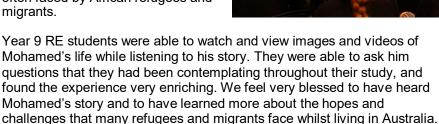
JUNIOR RELIGIOUS EDUCATION - Victoria Mackay, R.E. Learning Area Leader Years 7-9

Throughout this term, Year 9 Religious Education students have been studying 'compassion towards those seeking safety'. The focus of this study has been towards refugee and asylum seekers. Part of the assessment for the Year 9 RE course has focused on the life, hopes and dreams of someone who has been a refugee. On 23 February, the Year 9 RE students attended the theatre for an incursion to learn more about what life has been like for someone who has been a refugee. Due to illness and transportation issues, only one presenter was on offer from the Centre for Multicultural Youth.

Mohamed Samara saved the day by zooming in to the Mary Moloney Theatre about his life in Sudan, and what it has been like to live in Australia. Mohamed is a university student, youth activist, founder of Endeavour Youth Australia organisation, as well as a guest speaker. He is also working to establish a youth leadership program to assist



young people to be the best versions of themselves. Mohamed's hope is to stop the stigma and preconceptions often faced by African refugees and migrants.





FOLLOW OUR WONDERFUL COLLEGE ON FACEBOOK



FACEBOOK

We are now very active on Facebook and we would love our College Community to follow the wonderful achievements and events in which students and staff are participating.

Please click the icon 'click here to find us on facebook' (be sure you are following the official SHC page)

MICKLEHAM SWIMMING - Mr Damien Zanic

Due to the recent lockdown our House Swimming Carnival has been rescheduled to Thursday 11 March. The Mickleham swim meet is scheduled for the following day, Friday 12 March. As a result, we are unable to organise a squad as well as permission through Operoo in time, therefore, we will not be attending the day as a school. There are a number of schools in this situation and they have also decided not to participate on the day.

If any parent, however, has a child who is capable of competing at this level and then going on to the NMR day on Wednesday 24 March, please contact me asap so I can provide further details should you wish to proceed. It will be the responsibility of parents to take their child to these events.



HOUSE SWIMMING CARNIVAL

THURSDAY 11 MARCH

Mr Damien Zanic, Sports Coordinator



The College Swimming Carnival will be held at the Sunbury Aquatic Centre on Thursday 11 March. Regardless of weather conditions (unless they place us at risk) we will push ahead with the Carnival.

All students will travel to and from the Swimming Carnival by bus, departing the College after morning Homeroom and returning in time for normal dismissal. The College must meet its legal obligations with regards to Child Safe Regulations.

IMPORTANT - ALL STUDENTS MUST COME TO SCHOOL IN THE MORNING - BUSINESS AS USUAL

Parents will not be able to drop off students at the pool in the morning- students need to be here at the College for Homeroom as per a normal school day. The roll will then be marked.

PICK UP PROCEDURE

If it is unavoidable that you pick up your student from the pool at the end of the day, further information will be given closer to the date on how to do this.

Students are required to wear FULL PE Uniform to and from school, this may include the house polo. House Captains and Year 12 students may wear fancy dress in their House colours to the pool. Students are required to have a fitted face covering which they must wear correctly while on the bus and in the changerooms. This carnival will be carried out according to Sacred Heart College's 2021 Covid Safety Plan and in line with the Covid Safety Plan relevant to the venue.

The only swimwear options that apply to all College Swimming Carnivals and lessons are:

Girls:

- One-piece bathers
- Two-piece bathers covered by a rash vest

Boys:

- Water shorts suitable for swimming (NOT board shorts)
- Racing bathers

Students are also required to wear a hat/cap, sunscreen, and shirt that covers their shoulders when not competing in events. House coloured hairspray and zinc are not to be worn in the pool. Students are encouraged to be Sunsmart and to bring sunscreen, hats and sufficient water.

The program will commence at 9.30am and conclude at 2.30pm.

CATHERINE MCAULEY LIBRARY NEWS - Jodie Warner

What an incredible bunch of readers we have! Look at the statistics for our borrowing so far! Should we need to return to remote learning (fingers crossed we don't!) we have been teaching our reading classes how to access our online library and they have taken to it with absolute aplomb, as our February statistics show. If you would like a refresher on how to access the eplatform please email or come and see us.



Homerooms will shortly receive a printout of the overdue books and resources which are outstanding. Please hunt around for these so they can be loved by others in the school!

February performance for your eLibrary vs. same month last year

313
Total Loans

✓+84.12%

25
Total Reserves

→-24.24%

161
Active Patrons
~+109.09%

229
Active Titles
+67.15%

There were a total of 313 loans last month (143 loans more than the same month last year). Of the 229 active titles on loan or reserve, 70.74% were eBooks and 29.26% were Audiobooks. There were a total of 161 active patrons who visited the site last month to borrow or reserve titles (84 patrons more than the same month last year).

The CBCA list of Notables for 2021 has been released. We have all of these available in the library to borrow. Which do you think will make the shortlist? Check out the list here https://cbca.org.au/notables-2021

BOOK OF THE YEAR: OLDER READERS

Entiries in this category may be fiction, drama or poetry and should be appropriate in style and content for readers in their secondary years of schooling. Ages 13-18 years.

Note: Books in this category are for mature readers and some may deal with particularly challenging themes including violence and suicide. Parental guidance is recomme



The F Team Rawah Arja Giramondo Publishing ISBN: 9781925818543



Future Girl Asphyxia Allen & Umvin ISBN: 9781760294373



The End of the World is Bigger than Love Davina Bell Text Publishing ISBN: 9781922268822



When It Drops Alex Dyson Hardie Grant Children's Publishing ISBN: 9781760505042



Deep Water Sarah Epstein Allen & Unvin ISBN: 9781760877286



The Lost Soul Atlas Zana Fraillon Hachette Australia ISBN: 9780734419934



When Rain Turns to Snow Jane Godwin Hachette Australia ISBN: 9780734420053



Catch Me If I Fall Barry Jonsberg Allen & Unwin ISBN: 9781760877613



Please Don't Hug Me Kay Kerr Text Publishing ISBN: 9781922268051



Metal Fish, Falling Snow Cath Moore Text Publishing ISBN: 9781922330079



Before the Beginning Anna Morgan Hachette Australia ISBN: 9780734419651



Where We Begin Christie Nieman Pan Macmillan Australia ISBN: 9781743535660



The Left-Handed Booksellers of London Garth Nix Allen & Unwin ISBN: 9781760631246



Peta Lyre's Rating Normal Anna Whateley Allen & Unwin ISBN: 9781760525309



Loner Georgina Young Text Publishing ISBN: 9781922230130

SPORTS REPORT

Mr Damien Zanic

Intermediate Tennis

The weather was kind to us on the day of our first round Intermediate Tennis competition. Each of our teams of Year 9 and 10 boys and girls proved themselves to be a formidable force, with Sacred Heart College winning all matches comfortably. Alongside some great displays of skill and tenacity, we were proud of the sportsmanship and hospitality shown by our players. Members of both squads happily umpired and scored each game as it was played, and all players were courteous when congratulating and thanking their opponents. We are looking forward to progressing to the next round, where our skills will be put to the test.

Year 7 Girls Volleyball Report - Ella Takos

Last Friday, 26 February, the Year 7 Volleyball Team went to RMIT Stadium - Bundoora and we played three games. In the first game - we lost to Wallan SC. Set 1 21 vs 12 - Set 2 21 vs 8

In the second game we played Craigieburn SC, losing the first set with 21 vs 17 but winning the second set with 21 vs 18. We then had to play a third set which sadly we lost with a score of 11 vs 7. We could really see some improvement in our game and everyone was enjoying the challenge.

In the third game we played, the tension was high and we were super keen to do well. The major focus of this game was to win multiple points from our serve in a row. Our rallies in previous games were excellent but it was the serving that let us down. We started off with the first four points and didn't look back from there. Winning both of the sets against EDSC with the scores being 15 vs 12 and 15 vs 3.

Overall everyone had a lot of fun and we all did a great job for our first ever competition with the SHC Vollyball Team. And on behalf of the girls volleyball team I would just like to thank Mr Gardner for helping us with training and being so supportive during the competition.





World's Greatest Shave

I'm Carmen Moore in Year 12, and on 12 March I am going to be doing the World's Greatest Shave to help support families and individuals impacted by blood cancer.

Every day, 47 Australians are diagnosed with blood cancer-that is one person every 31 minutes. The Leukemia Foundation uses funds raised by shavers to provide accommodation and support for the families of people facing blood cancer, so they can be together during treatment, and to further cancer research. My hair will also be donated to Sustainable Salons, where it will either be used to make a wig, or to mop up oil spills in the oceans. I feel so grateful to be where I am when so many people's lives are disrupted by cancer. Through fundraising, we can show our solidarity and make a difference to the lives of these people and their families.



Please sponsor me - every dollar counts!

http://my.leukaemiafoundation.org.au/carmenmoore



Hello and Welcome to the Arts Spot!

My name is Sarah Snell, and I am the Senior Arts Leader for 2021, as well as one of the Senior Music and Drama students here at the College. I've been an Arts student here for many years. As this is my last year at SHC, I am really excited to be a part of the Arts Leadership Team and make the school as creative and inclusive as possible for everyone.

The student Arts Leadership Team and I are really eager to help expand and broaden the arts department here at Sacred Heart, and we have many amazing things planned for the Arts in 2021, so we hope to see you all there!

You can also contact the other members of the **Arts Leadership Team** if you 'd like to help out or discover more about upcoming Art, Drama or Music events this year.

ARTS LEADERSHIP TEAM - 2021:

Sarah Snell (Senior Arts Leader) snelsa@shckyneton.catholic.edu.au

Bella Trethowan & Rose Sud (Junior Arts Leaders) tretbe@shckyneton.catholic.edu.au sudros@shckyneton.catholic.edu.au

Ms. Samantha Caddey (Arts Learning Area Leader) scaddey@shckyneton.catholic.edu.au

Mr. Ben Gallagher (Performing Arts Coordinator) <u>bgallagher@shckyneton.catholic.edu.au</u>

Mr. Terry Carrick (Music Performance Coordinator) tcarrick@shckyneton.catholic.edu.au

Our Junior Arts Leaders will introduce themselves in the next newsletter.

One of the things we're excited about this year is a range of lunchtime activities that we have planned on most Mondays, Wednesdays and Fridays, for all Sacred Heart students to attend. These workshops are all free and run by students and staff.

There's an explanation of these workshops below and calendar of events for the rest of this term. Term 1 is a very busy term, so we're a bit limited, but we'll have workshops running again in Term 2 and I encourage students to come along and join in.

If you would like to find out more, email one of the team or come along to one of our Arts Group Meetings.

MUSIC MONDAYS:

Open Music Room - Share skills with your friends on guitar and piano and develop your skills. (BYO acoustic guitar or uke, or borrow some of ours.)

'Music Mondays Live' - Monthly live performances in the Music Room, Theatre or yard.

'Songwriting Sessions' - Turn your ideas or poetry into songs or bring your own original song ideas along to 'workshop'.

WEIRD WEDNESDAYS:

Art/Media/Photography workshops run by senior students and Arts leaders.

FRANTIC FRIDAYS

'TheatreSports' - Develop your improvisation skills and comic timing.

'Acting Studio' - Devise new play scenes and turn ideas into live theatre.

'The Game' - Monthly LIVE quiz show - 'RocKwiz' & 'Spicks and Specks' meets 'Would I Lie to You' (and a little bit of 'Wipeout')

THE ARTS SPOT

| WK | MUSIC MONDAYS | TUESDAY | WEIRD WEDNESDAYS | THURSDAY | FRANTIC FRIDAYS |
|----|------------------------|---------|-------------------------------|-------------|------------------------------|
| | Music Room or the Yard | | Visual Arts/Media in Buckley | | Drama Room or Theatre |
| 5 | MARCH 1 | 2 | 3 | 4 | 5 |
| _ | | | Photography | | Acting Studio |
| | | | Buckley Art Rm -Jess & Sydney | | Drama Rm \Mr Gallagher |
| 6 | 8 | 9 | 10 | 11 | 12 |
| ľ | LABOUR DAY HOLIDAY | STAFF | Watercolour | SWIMMING | TheatreSports |
| | | PL DAY | Buckley - Amelie & Charlotte | SPORTS | Theatre - Mr Gallagher |
| 7 | 15 | 16 | 17 | 18 | 19 |
| | YR 8 CAMP | | YR 12 RETREAT | | YR. 8 CAMP/12 RETREAT |
| 8 | 22 | 23 | 24 | 25 | 26 |
| ľ | Open Music Room | | Mindful Mandalas | | 'The Game' |
| | - Mr Gallagher | | Buckley - Jess, Sydney & Jack | | Theatre - Arts Leaders/Staff |
| 9 | 29 | 30 | 31 | APRIL 1 | 2 |
| | Music Matinee Monday | | Oil Pastel Eyes | Last Day of | Good Friday |
| | Yard – Music Leaders | | Buckley - Jess & Sydney | Term 1 | |

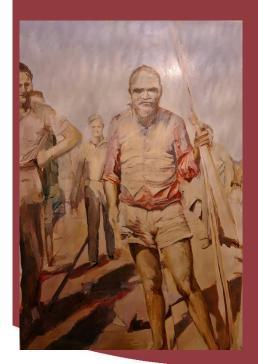
Art Teachers - **Art Prize**

We have had fantastic news this week, our own Mrs. Liz Sullivan has had not one, but TWO of her paintings shortlisted out of over 750 entries in the NATIONAL TEACHER-ARTIST PRIZE 2021 and has an incredible chance to have her work showcased nationally.

The prize was established to reward teachers by celebrating the value and quality of their individual art practice

- "Picnic on the grass, Mildura" -- My father was the headmaster of a school in Mildura and he only had one arm, can you spot it?
- "St Kilda Send off" -- My father, Auntie Mary and Margaret saw Uncle Bill being sent off to war, and a few weeks later he died in Tobruk.

Check out her work and other finalists here: https://zart.us.launchpad6.com/ntap/\! CONGRATULATIONS MS SULLIVAN:)





Career Tools Website



UCAT 2021 Registration is Open

Pearson VUE is the official UCAT provider and registration for this test should be done via ucat.edu.au

Considering a Career in Medicine or Dentistry? What's on at NIE....

FREE Webinar - UCAT, Interviews, Med School Applications, Pathways into Medicine Teachers, Parents, Year 10, 11 & 12 Students are Invited to Join ~ 8 March 2021, from 6.30pm - 9.00pm (AEDT) ~ **REGISTER**

> Intensive UCAT Training Workshop - LIVE ONLINE INTERACTIVE ~ 27 March 2021 ~

Do not delay any longer, make a start with your UCAT Preparation this month. **ENROL**



Applications for ADF Gap Year open now

Students who take part in the ADF Gap Year program:

- 1. Gain valuable skills and work experience
- 2. Enjoy a great salary package plus free healthcare
- 3. Live a varied, active and healthy lifestyle
- 4. Make friends with like-minded people
- 5. Have the opportunity to see more of Australia

Whatever their interest, there are a variety of roles to select that will provide young Australians valuable life skills. These include experiences as an officer, in management, engineering, logistics and warehousing, combat and security, and administration.





Arts Achievement Award







Recognising and inspiring artistic talent in our region

Open to women and non-binary people of the

Macedon Ranges aged 16-19

The award has been created to encourage young women in the Macedon Ranges region to grow their artistic talents. It is open to all art forms ranging from film to fashion, painting to poetry, sculpture to singing. The successful applicant will be awarded \$400 to assist with pursuing their future endeavours. This award is offered to women aged 16 - 19 years, enrolled for secondary studies in a creative arts area and a resident within the MRSC region.

Applications close April 26th 2021 For award requirements and applications contact awards@zontakyneton.org.au

Calling all Inspiring Baseball Players!

Malmsbury will soon play host to baseball at the 'MCG'

If you would like to play baseball, the junior season starts 27 March and the Senior season starts 17 April. Registration days will be held at Malmsbury Cricket Ground the next two Fridays from 5.30pm to 7.00pm



All enquires to Jenny Ganim on 0439 988 168