# Learn. Care.

#### **NEWSLETTER**

14 October 2022



#### Prayer

Creator, God of all time,
we ask you to bless the Sacred Heart College Class of 2022.
May they grow in faith, hope and love,
to live Mercy in their words and actions.
We make this prayer through our Lord Jesus Christ, your Son,
who lives and reigns with you in the unity of the Holy Spirit,
one God for ever and ever.

Amen.



#### PRINCIPAL'S MESSAGE - Dr Darren Egberts

This week's prayer celebrates the class of 2022 who will finish their thirteen years of schooling next Tuesday ahead of examinations and a world beyond education. We wish them all the very best and particularly those who prepare for VCAA assessments over coming weeks.

Over the last couple of days, the Macedon Ranges and much of Central and Northern Victoria have been seriously affected by significant rainfall and resulting flooding. I hope that all members



of the College community have managed this crisis as well as possible. Please contact the College if we can be any support whatsoever.

I would like to thank students, staff and parents for your flexibility following my decision to close Sacred Heart College over the last two days. Closing the school, especially close to the end of the year for our senior students, was a difficult decision but, as it turned out, quite prudent.

#### Revised Covid-19 Guidelines

This week, the Victorian Government lifted the formal pandemic orders that have been in place for the past two and a half years. Following this, schools have received a range of new guidelines regarding Covid-19. These are detailed below:



#### Persons who test positive

It is strongly recommended that students:

- who test positive for COVID-19 should stay home and isolate for five days
- should not attend school after five days if still symptomatic
- who are symptomatic but have not tested positive should not attend school

Where **students** become symptomatic at school, they should:

- be collected by their parents/carers
- undergo testing for COVID-19

It is strongly recommended that staff:

- who test positive for COVID-19 should stay home and isolate for five days
- should not attend school after five days if still symptomatic
- who are symptomatic but have not tested positive should not attend school

#### **Reporting of Positive Cases**

Sacred Heart College is required to continue to report positive CV 19 cases to MACS, however, we are no longer require to inform parents and families.

#### **Face Masks**

Staff and students who wish to wear a face mask will be supported by the College to do so with face masks continuing to be available for staff, students and visitors.

The Department of Health recommends that a person who has tested positive wears a face mask for 10 days following their positive test. Additionally, those designated as close contacts should wear a face mask when leaving home.

#### Sacred Heart College Uniform

With the move from terms three – four, students are expected to transition from winter to summer uniform. This transition will need to be completed by this **Monday 17 October**. Parents and Carers will receive a letter in coming days from Julie Mortimer (Deputy Principal Wellbeing) reminding families of the importance of students adhering to the College's Uniform Guidelines. I encourage parents to remind children of the need to follow these guidelines and also to support the College by providing notes when students are unavoidably out of uniform.

#### **Jarlmadangah Immersion**

For the first time in three years, a group of Sacred Heart College students and staff have travelled to the Kimberley region of Australia's North-West and are spending a week in the Jarlmadangah Indigenous Community. In stark contrast to the weather conditions experienced locally, it has been very hot and dry with temperatures in the high 30's and low 40's. We look forward to welcoming them back next week.

Yours in Mercy,

Dr Darren Egberts **Principal** 







**Bereavements** - Your prayers are asked for the Leathem family who are mourning the passing of Marie Leathem, grandmother of Olivia 11E and Patrick 9F.

Our thoughts are with you all at this sad time.

#### **CALENDAR DATES**

Sun 16/10 - Students return from Jarlmadangah

Mon 17/10 - Year 7 Swimming Program in PE

classes 17/10 to 26/11

- Year 8 Taekwondo Program in PE

classes 17/10 to 5/11

- VCE Art Exhibition 14/10 to 8/11

Tues 18/10 - Last Day for Year 12 - Celebration Day commencing at 7:30am

 Year 12 Mass at Our Lady of the Rosary Church 7:00pm

- Period 5 - 3.30pm to 5.00pm

Wed 19/10 - Maths Tutorials 3.30pm to 5.00pm

GVBR Training 3:30pm to 5.00pm

Thur 20/10 - Year 10 Coastal Fieldwork at Point Lonsdale 7:30am to 5:30pm

- JUNIOR SHOWCASE EVENING

4:00PM TO 8:00PM

Fri 21/10 - Unit 2 Physics - Australian

Synchrotron VCE Lab Session 7:30am

to 5:30pm

- Offers of places posted to prospective

Year 7 2024 students

Sun 23/10 - St Mary's Parish Fair - college Show

**Band Performance** 

Mon 24/10 - Year 9 Tennis Program in PE classes

24/10 to 12/11

- Year 10 Structured Workplace

Learning

Wed 26/10 - VCE Written Exams 26/10 to 16/11

- Maths Tutorials 3.30pm to 5.00pm

- GVBR Training 3:30pm to 5.00pm

Thur 27/10 - Period 5 - 3.30pm to 5.00pm

#### Sacred Heart College Kyneton

Learn. Care. Flourish.

#### **Parent Workshop**



Members of the local community are invited to attend this event.

#### Workshop Facilitator: Maria O'Shannessy, The Parent Coach

The intention of the workshop is to provide meaningful information for parents to synthesise and leave with strategies to apply to their own family situation. This 2 hour workshop aims to achieve the following outcomes:



- Provide parents with an overview of The Parent Coach framework and the key features of what are the main influencers on individuals' parenting approach
- Review the developmental stage of teenagers and describe what teenagers need from their parents
- Brainstorm different strategies to use when parenting teenagers and problem solve barriers and 'roadblocks
- Discuss self care strategies for parents

For more information about The Parent Coach visit: www.theparentcoach101.com.au

When: Wednesday 9 November Time: 6:30 pm - 8:30 pm

Where: Vivian Dwyer Senior Learning Centre, Sacred Heart College, Kyneton Tickets: Attendance is limited to 30 people. This is a free event but seats

must be booked via: www.trybooking.com/BWJIB

A Ministry of Mercy Education Limited - ABN 69 154 531 870







#### **DEPUTY PRINCIPAL - STUDENT WELLBEING - Julie Mortimer**

Sacred Heart College is committed to promoting the safety, wellbeing and inclusion of all children. Further information about Child Safety at SHCK can be found on the College website.

<a href="https://www.shckyneton.catholic.edu.au/our-college/child-safe/">https://www.shckyneton.catholic.edu.au/our-college/child-safe/</a>

#### **IMPORTANT REMINDER - UNIFORM**

As we are coming to the end of Week 2, it is apparent that a reminder is needed as to what the uniform expectations are. The transition period for winter/summer uniform finishes at the end of the week, and this means that from next week all students must be in **full and correct summer uniform**.

Uniform has been an ongoing issue this year since our return to school. Our priority has been the mental health and wellbeing of our students, and ensuring they are comfortable to come to school. Now is the time to focus on our civic behaviours. These are the habits that we all have that are important for day-to-day life. Punctuality, attendance, completing work and wearing uniform are skills that make a difference to the overall success of students at school. It is these little things that make a difference to the big things, such as behaviour. Uniform is becoming an increasing problem with many students pushing the boundaries against the College rules. With the change of seasons, we believe this is a good time to remind and enforce our expectations.

Students and Parents are reminded that by attending Sacred Heart College you have agreed to follow its policies and processes. In this context, this particularly applies to our Behaviour and Uniform Expectations. Our uniform is relatively gender neutral and students have different options. The Uniform expectations for summer are from these options:

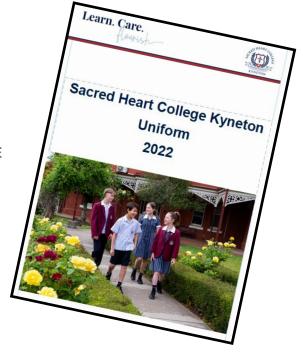
- College Dress
- College Shorts or Long Pants
- College Short sleeved Shirt (no winter shirts)
- Navy College socks and black leather lace-up school shoes (not boots)
- One earring in each lobe
- No necklaces / rings / piercings (necklace with cross allowed)
- Hair off the face and fully tied up for practical subjects

Blazers are for formal occasions and otherwise optional in Term 4. PE uniform is only for PE days and not for general wear. It is considered out of uniform on other days. All Uniform items (with the exception of shoes) are available at the College Uniform Shop. Students who are in incorrect uniform, without a note, will receive a detention. Year Level Leader's, Heads of Schools and the College Leadership Team will be completing random checks in Homerooms.

We believe that it is important to maintain a strong dress code. It is training in personal grooming, practice for employment and makes a difference to behaviour in the classroom. It is also a powerful

Wellbeing indicator that is obvious and visual to all. Your assistance with this issue will be greatly appreciated.

As always, please contact the College if you have any concerns.



#### DIRECTOR OF FAITH AND MISSION - Annie O'Shannessy

#### Statue Restoration

Over the last couple of months work has been completed on some of our statues. The statues in the Grotto of Our Lady, Mother of God and St Bernadette were in a terrible state. The restoration work was undertaken by Daniel Butterworth. Daniel cleaned the statues and gave them a new coat of paint. The Grotto has had a good clean up and new plantings around the front have brought the Grotto back to its former glory.

The large statue in the Chapel of Our Lady was in disrepair. I don't think any attention had been given to the statues for some time. Some damage had occurred to the hand and the edge of the veil. Donna Minehan of Maldon has worked tirelessly, doing a beautiful job on repairing and painting the statue. Old wax needed to be removed as well as plaster work required. The statue has been fully repainted and Donna has done an amazing job. There are a few more statues for Donna to work on, and I will report on those at a later date.

I would like to sincerely thank Daniel and Donna for their amazing talent and care and willingness to repair and restore our beautiful statues at the College.





#### Sacraments

#### Sacraments in the Parish

If any student has missed their Sacraments over the last couple of years, please contact their parish to find out when the sacraments will be next offered.

#### **Confirmation at St Mary's Castlemaine**

Julie Farrell will start classes for students wanting to be Confirmed, on

Tuesday 11 October at 6.45pm in the Buckley Room. The classes are for students in Grade 6 or above, who do not attend St Mary's School. Please contact the Parish to join, even if you might have missed the first class.







#### Certificate II in Animal Care - Excursion to the Dingo Sanctuary - Monique Hassett Yr 11

On 5 October our Animal Care class visited the Dingo Discovery Sanctuary and Research Centre in Toolern Vale, which rescues dingos and lets wild dingos live out their lives happily and in good health. They promote research and conservation of this important native animal and apex predator. They also breed pure bred dingo puppies that go to wildlife sanctuaries and zoos.

It was a muddy, windy and wet day, but that was not going to stop us. We were ecstatic to meet the dingos and their pups, and learn more about these native animals. When we first arrived, we were greeted by Luke who was one of their highly experienced trainers. We were then joined by Lyn, the owner of the sanctuary, where we sat and met our first dingo, Pumba. Pumba was immediately drawn to Grace and rolled all over her not wanting to leave her alone, loving the smell of her perfume which is what attracted him to her. Pumba also got many pats from the class. We had a discussion about dingos, as well as learning fun facts about how dingos can hear heart beats from hundreds of metres away, and can tell if someone has a cardiovascular illness.

We then went on to meet the pups! There were five pups aged 9 to 11 weeks, that were running around and playing happily with each student, and each other. They were incredibly well behaved and very well trained.

They didn't bite and did exactly what they were told. As a class, we all were overjoyed by how awesome our visit was and how even the bad weather couldn't dull the day. Mrs Payne is hoping that our class can sponsor a dingo next year and we can have regular visits to the sanctuary!

We all appreciated the opportunity to go and learn about the dingos and play with them. Thank you so much both Mrs Payne, and the Dingo Sanctuary for having us!









# SPORTS REPORT

#### **Basketball 3x3 Competition Winners**

Last Tuesday four of our Year 8 students competed in the U15 Boys 3x3 Schools Challenge, Junior Day, held at the State Basketball Centre in Wantirna. Alex Gray, Sam Haslett, Ruben Hewitt and Joel Zoch represented the College in the competition involving 40 boys teams. It was a full day of fast paced play with the boys finishing top of their pool after 4 matches, then going on to play quarter finals, semi-finals and finishing the day undefeated at the top of the table. Congratulations to these boys and a big thank you to the parents who supported them on the day!



#### Year 8 Cricket - Julius Gorzkowski

On Monday our Year 8 Boys Cricket Team competed in the second round of the interschool tournament. Led by captain Valentine Smith, and coach Harrison Sheahan, they managed to finish on top in their pool earlier in the year.

This time around they started with a comfortable victory in their first game, however, they were unable to replicate their success in the second and third. Despite not being able to progress further, our boys played gallantly with many fantastic individual performances.



#### **Intermediate Boys Basketball Team**

Ten Intermediate boys boarded the bus on a very dreary and rainy day this week, heading to Coburg for the annual School Sport Northern Metro Regional Championships. They met formidable opponents in all three games and twice ran red hot with outside shots, team plays (thanks Charlotte) and solid defense.

Will, Isaac, Saxon, Gus, Max, Jack, Beck, Fletcher, Zane and Lachlan all played their roles and represented the College well. A special mention to Lachlan who was keen to lead the boys both

on and off the court. A leadership role in the sporting field, hopefully in the future!

Well done boys!



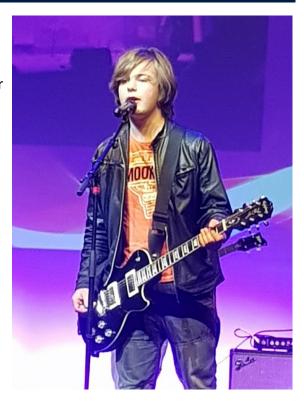




#### **MRSC Youth Awards 2022**

Congratulations to all recipients of Macedon Ranges Youth Awards, announced at the Youth Live event at the Kyneton Town Hall last week. We were thrilled to learn that three of our students - Seth Year 12, Nic Year 11 and Will Year 10 received awards, with Mal Year 8 also nominated.





#### NEWS FROM THE CLASSROOM - YEAR 11 ECONOMINCS - Mary Ann Glynn

#### Year 11 Economics and the problems facing developing nations

Our Year 11 Economic students recently covered the topic 'Problems facing developing nations', looking at global inequality and the causes of third world problems. To help the class understand some of the factors contributing to and perpetuating the 'poverty trap' and the stalling of economic development, students participated in an activity that involved making paper bags.

The class studied the country of Kolkata, West Bengal, India, where people survive on the streets by making paper bags. The bags are sold to shopkeepers who use them to hold rice or spices for their customers. Ten bags will earn 1 rupee and individuals need 26 rupees a day to survive.

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The class were engaged in this activity and quickly became aware of both the human and economic difficulties this caused. The other objective of the lesson was for students to:

- o understand how people in the third world survive
- assess how the third world is so different to our own
- ♦ consider the inequity in the distribution of wealth
- appreciate the importance of economic development and the opportunities and
   atom double filiping it beings.















#### **NEWS FROM PHYSICAL EDUCATION - Jamie Walker**

On Friday our VCE Unit 3 & 4 Physical Education classes participated in a revision session with Luke from METS Performance Consulting. Luke provided a VO2 Maximum test and 2 x Wingate maximal power tests as a part of the revision session, which along with practical activities for Biomechanics provided the students with key knowledge reviews for the Unit 3&4 exam. Many thanks to the students who participated in the testing sessions.











Term Four is traditionally enormous for our Music Department. Due to the recent closure of the college from poor weather, we have postponed our FOMP (Friends Of the Music Program) meeting until Monday evening (17 October) at 7pm in the Music classroom. All members of the College community are invited to attend, to discuss how we can best support our Music Program in very tangible ways. Please email <a href="tearrick@shckyneton.catholic.edu.au">tearrick@shckyneton.catholic.edu.au</a> if you would like to attend this meeting

Performance is a crucial element of successful musicianship, and like any other skill, must be learned. Many students find performing a challenge, as it can take them out of their comfort zone. Our Instrumental Teachers understand that nervousness can be a problem and will support every student who performs. The Instrumental Music Recital for this semester will be held on Tuesday 25 October, commencing at 7:00 pm. Performances will run concurrently in three venues. Instrumental teachers will advise their students when and where they should come to warm up prior to performing, and audience members are asked to be seated by 6:50pm. Students and audience members are requested to be present for the entire performance session, after which all are invited to meet for supper in the Arthurson Atrium.

Our Music Scholarship program seeks to provide financial assistance to those students who are contributing to our community through various musical activities and to recognise their personal development and commitment to their musical craft. In order to apply for a Sacred Heart College Music Scholarship, please complete the online form at <a href="https://tinyurl.com/SHCmusicscholarship2023">https://tinyurl.com/SHCmusicscholarship2023</a>. Applications will be accepted until Monday October 24, 2022. Please note that no late applications will be accepted. Following this date, applicants will be contacted to advise of their audition timeslot. All auditions will be held on Friday November 4, 2022 for all applicants (both current and incoming students). Students who would like to enrol in the Instrumental Music Program for 2023 should do so through this link: <a href="https://www.tinyurl.com/shcmusic2023">www.tinyurl.com/shcmusic2023</a>

Please note that approval to participate in the Instrumental Music Program is contingent on remaining up to date with school tuition fees.

#### JUNIOR RE NEWS - Victoria Mackay, Religious Education Learning Area Leader (Y7-Y9)

Over many years now, Sacred Heart College has established a tradition whereby in Year 8 we invite students to consider their place in the world, and how they can act as an agent of mercy, hope and positive change. As part of this tradition, they have spent RE lessons in Term 3 planning and preparing their response to the Making a Difference Inquiry Project (the MAD Project).

The Making a Difference Inquiry Project has involved each Year 8 student to choose an issue of social or environmental injustice that they wanted to investigate to promote positive change. To do this, they have produced a range of project materials such as: research questions, data, reflections on media/art/culture, Catholic Social Teachings, Jesus' teachings, Pope Francis view, Mercy Values, Prayer, an action to make a difference, and their own vision for the future. Year 8 students will soon present their work to an audience at the Junior Showcase Evening.









#### YEAR 8 (MAD) Make A Difference Projects - Mila Pereira & Matilda Stanton

This semester in Religious Education, the Year 8s have completed their Make A Difference (MAD) projects. Each of the students chose a significant issue in the world to study and take action in. Our learning is presented in a portfolio that we will share with the public at the Junior Showcase Evening. The MAD project was a great experience, it allowed us to learn more about issues that are important to us and to make a difference in the world. Thank you to our teacher for making this such an enjoyable experience and for all their hard work.

END GUN VIOLENCE.

Amaali Prictor

Here are some of the actions that students have made towards spreading awareness about their chosen issue.





Mia Bennett Liam Cowburn

#### The PERILS of PLASTIC POLLUTION

#### HARM AGAINST THE ENVIRONMENT:

Plastic is infamous for killing millions upon millions of innocent animals, both on the land and in the sea. An estimated 99% of seabirds will have some form of plastic in their bodies by 2050. Even worse, plastic is unable to fully decompose, and makes the surrounding soil or water upto 1000 TIMES more acidic than usual!

#### HARM AGAINST HUMANS:

A common way that plastics enter our body is via our water systems. An estimated 83% of tap water contains microscopic particles, known as "Microplastics". Additionally, the chemical additives involved in the manufacturing of plastics can cause infertility if ingested. This is a big concern to those working in facilities where plastic production is high.

#### WAYS YOU CAN HELP:

You can help the ongoing issue of Plastic Pollution by:
- Participating in beach / river cleanups
- Encouraging your local supermarket to stop using single-use plastics and/or plastics all together.
- Reducing the amount of plastic products that you use in your daily life.

Farley Bracken

#### **Hay Fever**

Hay fever is the common name for a condition called allergic rhinitis, which means an allergy that affects the nose. Hay fever is caused by the nose and/or eyes coming into contact with environmental allergens, such as pollens, dust mite, moulds and animal hair. Most people associate hay fever with spring, when airborne grass pollens are at their peak. This is known as seasonal allergic rhinitis or spring hay fever.



#### Hay fever is an allergic reaction

Your nose acts as a filter. The tiny hairs and mucus that line the nasal passages trap dust, pollens and other microscopic particles. A person with hay fever is allergic to some of the particles that get trapped in the nose, such as pollen. An allergic reaction means the immune system treats a harmless substance as if it is dangerous, and launches an 'attack'. The nasal passages become inflamed and more mucus is produced.

#### Symptoms of hay fever

- sneezing
- a runny or stuffy nose
- itchy ears, nose and throat
- red, itchy or watery eyes
- headaches

In some cases, the symptoms of hay fever can be so severe that a person can't sleep or concentrate, and may feel tired or unwell.

#### Managing your hay fever at school

For those students who suffer from hay fever, it is encouraged that reliever medications are taken in the morning, prior to coming to school. For reliever medication/s to be administered at school, the medication must be supplied and accompanied by a completed Medical Authority Form. https:// www.shckyneton.catholic.edu.au/ our-college/policies-and-forms



If you have asthma or hay fever (sneezing, itchy eyes or nose, dry cough) you may be at risk of thunderstorm asthma. Thunderstorm asthma can be dangerous and can cause severe difficulty in breathing. If you have asthma or hay fever, see your doctor to discuss options on how best to protect yourself during this thunderstorm season.

#### Steps to take this thunderstorm asthma season:

- Take the Asthma Control Test to check your level of asthma control; see your doctor urgently if your score is under 20
- Discuss with your doctor medications to manage both asthma and hay fever
- Use an asthma preventer inhaler every day, even when well
- Carry an asthma reliever puffer with you at all times
- If you have hay fever, use a steroid nasal spray every day during the pollen season
- Check your local daily pollen levels and stay inside with doors and windows closed when pollen levels are high

- Stay indoors with doors and windows closed before and during thunderstorms, particularly when windy
- See a doctor **immediately** or call Triple Zero (000) if you experience any difficulty breathing during this thunderstorm season
- Do not wait, act quickly

For more information on thunderstorm asthma and how to be prepared, call 1800 ASTHMA (1800 278 462) to speak with an Asthma Educator or visit asthma.org.au/thunderstorm-asthma



1800 ASTHMA (1800 278 462) | asthma.org.au









Flo, White Magic and echamber are campaign partners of Asthma Australia and have not been involved in the development of this resource.

#### YEAR 10 MOCK INTERVIEWS - Kristina Delaney

During the week of 10 – 13 October, our Year 10 Semester 2 VCE Industry and Enterprise students undertook their Mock Interviews.

Students prepared applications, including a cover letter and resume, for a specific role. The students met with an employer via MS Teams for a live mock interview. The feedback from our employers was very positive and many students commented how the experience gave them more insight and confidence to undertake an interview in the real world.

This program is an excellent example of the real life learning that is provided at Sacred Heart College by our dedicated Careers Team.





We would like to thank our interviewers for their generous contribution of time and experience. Programs like this only run with the support from our wider school community.

Well done to the year 10 students on the way they presented themselves in both person, and on paper.

#### **LUNCHTIME PRESENTATION - DEFENCE FORCE - Karen Challis**

#### **Australian Defence Force (ADF)**

The Careers Department had over 20 students attend a lunchtime presentation on Wednesday 5 October by Leading Seaman, Tom Gower, a Marine Technician (Electrical) who is has served in the Royal Australian Navy since 2013, and served in the Royal Australian Air Force from 2006 – 2013. Also in attendance was Sergeant Stuart Sweatman, who is an Infantry Sergeant (RAR) in the Australian Army since 2006.

Students received information on the rewarding roles as part of the ADF.

- Careers and education opportunities in the Airforce, Army and Navy.
- Entry options including gap years
- Career, financial and lifestyle benefits including the recruitment process, and fitness







#### **Year 12 Students Applying for Tertiary:**

https://www.vtac.edu.au/files/pdf/publications/VTAC-Guide-Applying-2022.pdf

#### Change of preference support on Monday 12 and Tuesday 13 December

Careers are offering results support and change of preference advice on Monday 12 and Tuesday 13 December. If you require support regarding your results and preferences please call or visit the Careers Centre between 9:00am and 4:00pm. Kristina, Karina and Karen C will be able to offer guidance and advice.

#### Karina-54211261 Kristina and Karen -54211262 VTAC helpline-99261020

#### Offers for VTAC:

Please remember to accept your first round offer even if you are deferring. Please check that you have completed all requirements for the course you wish to study.

You can check this on the VTAC website under course requirements. Good luck and we wish you all well in your continuing career journeys, we are sure you will all go onto amazing opportunities.

430 Squadron Australian Air Force Cadets



RECRUITING



Our next recruit information night will be held on:

Friday 28 October 2022

at

7.00 pm

(Temporary Premises) Kyneton Scout Hall, 23 Franklin Place, Kyneton

On this night information will be presented about the Australian Air Force Cadets, with your chance to ask questions and look around the facilities.

Find out more at: airforcecadets.gov.au

Or contact the Squadron on 0417 163 960.

THE ARTS POT

SACRED HEART COLLEGE KYNETON PRESENTS:

EXHIBITION OPEN 13TH OCTOBER - NOVEMBER 7TH

THE OLD AUCTION HOUSE KYNETON

## Carlsruhe 2023 Fundraising Calendar



This 14 month calendar features CFA themed paintings by local artist Brett Lefebvre. The calendar comes in two formats, a local version with CFA vehicles badged 'Carlsruhe' and a general CFA version where all vehicles have no brigade name (apart from the calendar cover image).

This calendar was developed after Brett, a local artist and past CFA member, was inspired to paint a series of CFA themed paintings showcasing the Carlsruhe Brigade and it's local area.

All profits raised from this fundraising event will benefit the Carlsruhe Brigade, assisting with operational costs as well as the purchase of equipment.

Scan the QR code to pre-order your copy now or visit www.trybooking.com/CBNWV







# State election November 2022 Great pay Learn new skills Training provided More info and register vec.vic.gov.au VEC Victorian Electoral Commission



Event by Woodend Lifestyle Carers Group

Macgregor's Farm
78 Old Lancefield Rd, Woodend North

### CAR BOOT SALE!!!!! WOODEND

When: Saturday, 5 November: 10am - 3pm

If you are interested in participating on the sales side.

Call our Secretary: on 0418 638 791 to book your spot.

It's a great way to de-clutter!!! And pick up some bargains!









# Mount Macedon Realty Wooling Hill Run 2022

Open daily from 8am until 6pm from 1 to 30 October, locals and tourists are invited to run, walk or ride the all-abilities 1.2 km course, located in the beautiful grounds of the Wooling Hill Memorial Estate, as many times as they wish!

Participants (individuals/teams) are asked to make a donation or seek sponsors to raise funds for Kyneton Health. Get your friends, family, colleagues, club or school involved too and create a team. The more the merrier!

The event is raising funds to support Kyneton Health's Palliative Care in the Home service. The target is a brand-new, fit-for-purpose van to transport vital equipment to make end of life in the home as peaceful and comfortable as possible.

Give a gift that makes a difference!

Join us to celebrate achievements and funds raised on Sunday 30 October at 1:30pm

#### **GENEROUSLY SUPPORTING:**





SIGN UP OR DONATE:



Can you help us donate a van for end of life care in the home?



www.woolinghillestate.com.au/charity-run

#### **HOW YOU CAN MAKE A DIFFERENCE:**

The Mount Macedon Realty: Wooling Hill Run 2022 started on Saturday 1 October and continues through until Sunday 30 October at the scenic Wooling Hill Memorial Estate, New Gisborne.

Individuals, families, businesses, teams and community groups are encouraged to sign up and start fundraising for this special cause!

Simply go online and follow the steps to sponsor or participate:

https://woolinghillestate.com.au/charity-run/ Participants are asked to either make a donation or create their own 'CrowdRaiser' then seek donations from friends, family, colleagues and neighbours.

- Individual and team entries are welcome.
- Walk, run or wheel around the all-ability course as many times as you like!
- The grounds are open between 8 am and 6 pm each day until 12:30 on Sunday, 30 October.
- Trophies for the fastest lap, most laps, and most funds raised will be presented at 1:30 pm on Sunday, 30 October.
- NB: The event will follow current COVID-19 restrictions and is not a mass participation event.