NEWSLETTER

19 August 2021

Learn. Care. Flourish.



It is hard to ignore the news coming out of Afghanistan and even harder to watch the images of desperate people fleeing for their life. The people of Afghanistan need our thoughts and prayers. And so I ask you to pray for the people and their homeland Afghanistan. I would like to share this prayer with you that was sent to me by others praying for Afghanistan. Ms Annie O'Shannessy

Prayer

God of all Peoples,

We seek your spirit of hope and solace for the People of Afghanistan.

They have suffered greatly over these many decades of war and violence.

They struggle each day to make their lives full of your love and compassionate justice, only to be cruelled with further blows to the freedoms and liberty. Be with every family in this time of crisis and uncertainty. Be with each person as they face times of displacement from their homes and dislocation from their lives, this time of loss of educational opportunities and ways of fulfilling their dreams for a better life and society. Guide them out of this valley of tears to a time where You can bring safety and peace to all their lives.



Amen

PRINCIPAL'S MESSAGE - Dr Darren Egberts

This week's powerful prayer and events of the past few days remind us that there are many communities and nations for whom the challenges of the Covid pandemic are part of bigger, more entrenched problems. For these nations, human rights such as safety, freedom of movement, education for all and gender equality are not guaranteed and can be withdrawn at the whim of a regime or dictator.

Return to Onsite Learning

Thank you to all students, staff and families for the agility and resilience displayed as regional Victoria was quickly returned to onsite learning last week. It is again a privilege for students and teachers to be face-to-face, especially when the majority of students across Australia remain at home and learn remotely.

A few updates on the current set of Covid restrictions and scheduled College events:

- Like all Victorians, we remain acutely concerned by the increasing number of cases in metropolitan Melbourne in recent days. I am sure that each of us hope that these numbers start to trend down and the chances of leakage into regional Victoria diminishes.
- The Year 10 Alpine Camp remains on track for next week with staff and students to be Covid tested here onsite tomorrow
- Aside from some slight adjustments to the release dates for VCAA results and ATARs, we have not received any
 further updates on the 2021 GAT and end of year examinations.
- The Sacred Heart Father's Day Breakfast is scheduled for Friday 3 September. We have starting planning for a
 revised Covid-Safe version of this fabulous morning along the lines of this year's Mother's Day Breakfast. Details will
 be forthcoming.
- The College Leadership Team is currently looking at the viability of the postponed 2021 Debutante Ball and whether this will need to be further delayed until February 2022.



principal@shckyneton.catholic.edu.au

College Staffing News

Some news for parents and families regarding College senior leaders:

- Deputy Principal Wellbeing, Julie Mortimer, has slightly extended her leave and now plans to return to Sacred Heart on Monday 6 September. Paul Matthews and Jodie Wattie will continue to carry out her responsibilities for the next two weeks.
- Deputy Principal Learning & Teaching, Debra McNaughton, commences an extended period of leave today and will be
 away until after the Melbourne Cup extended long weekend. I have great pleasure in announcing that Rachel Tanner
 has been appointed Acting Deputy Principal Learning & Teaching in Debra's absence. We wish Debra all the very
 best for her leave and hope it offers plenty of rest and quality time at home.

SHC School Review

Last Tuesday, Sacred Heart completed the final stage of our School Review conducted every four years by Melbourne Archdiocesan Catholic Schools (MACS). The review process itself has been quite drawn out, interrupted significantly by Covid lockdowns, but will offer much to the future strategic planning for the College. The review results offer perspectives on all aspects of school improvement – Catholic Identity, Learning and Teaching, Student Wellbeing, Leadership and Management and School Community. I hope to distribute a summary of the review results to all parents and families before the end of this term.

Year 7 2023 Enrolment Interviews

Over the last two evenings, more than 100 prospective Sacred Heart College students and their families have participated in online enrolment interviews. These Year 5 students are looking to join the Sacred Heart College community in 2023, and the interviews provide a wonderful opportunity to hear the enthusiasm and excitement with which these young people view secondary schooling.

Parents and families who are yet to submit enrolment applications for Year 7 2023 are strongly encouraged to contact the College Registrar, Denise Lawrence on 54211238 or dlawrence@shckyneton.catholic.edu.au for an enrolment package.

Yours in Mercy,

Dr Darren Egberts **Principal**



Semester One Awards of Academic Excellence

It is always a pleasure to recognise achievement. Our criteria for the Academic Awards at mid-year are:

- Overall academic excellence
- Dedication to study
- Strong work ethic
- Living Mercy Values

Students who received the awards were worthy recipients. This does not diminish the achievements of other students during Semester One, but we hope they aspire to be recipients of Academic Achievement Awards at the end of the year, and in following years.

Congratulations to all the meritorious students.



Claire Byham
Coen Cursio-Brundle
Keely Devereaux
Sophie Dunn
Lowenna Embury
Laura Gaskin
Daisy Keniry
Catherine Mahony
Mila Pereira
Kaia Schulz





Year 8

Eilis Blanks
Lucie Cousins
Evie Duignan
Lucy Foster
Juliette Johnson
Madison Morgan-Smith
Eleanor Richards
Hazel Smith
Emma Tricarico
Amelia Walsh

Year 9

Emma De Leonardis
Frida Foerster
Claire Freeman
Lewis Gatt
Anna Mifsud
Megan Shurey
Ivy Stevens
Bridie Sutton
Hana Tsuya
Kaleb Zivkovic





Year 10

Hannah Dwyer
Baylee Eve
Donald Holford
Alyssa Loschiavo
Yongle Ma
Ivy Morris-Perrott
Cai Rowland
Katherine Ryan
Lili Taylor
Kyal Tunley



Year 11

Jude Buerger
Olivia Coleman
Harrison Gatt
Aoife Harkin
Holly Lockwood-Hanlon
Clare Moloney
Siobhan Neville
Daniel Nithsdale
Miette Sandercock
Talia Willmott

Year 12

Dominic Bennington
Hayden Clune
Claudia Comte
Matilda Foerster
Ellinore Johnson-Cornes
Carmen Moore
Fergus Sinnott
Mikayla Tunley
Jessica Wheeler
Hunter White



VCAL

Agatha Stamp - Year 11
Ethan Daw - Year 12





Bereavements - Yours prayers are asked for the following families who are mourning the passing of a loved one recently. The Walsh family on the passing of Damian Carey, uncle of Amela 8E and Mietta 8A and the Hooper family on the passing of Ian Hood, great grandfather of Jack 8D.

Our thoughts are with you all at this sad time.

DIRECTOR OF FAITH AND MISSION - Annie O'Shannessy

Year 7 RE Unit Justice and Forgiveness "no one chooses to be a refugee"

The students have been studying the plight of refugees and reading and hearing stories from young refugees now living in Australia. The students made these boats and wrote their own prayer on the boats. The symbolism of the boat is a stark reminder of the fragility of their lives and the difficult decision to get in a boat in the hope of finding safety.







Annual Father's Day Breakfast

We would love our families to 'Save the Date' hoping that our Annual event can take place. We will send an email to families with an invitation and link to the Trybooking, closer to the date.

Save the Date Friday 3 September



Fathers, Grandfathers and Guardians together with their SHC students are invited to attend the **Annual**

Sacred Heart College Father's Day Breakfast



ACTING DEPUTY PRINCIPALS - STUDENT WELLBEING - Jodie Wattie and Paul Matthews

Subject Selections - Year 9 2022 (Current Year 8 Students)

The process of Subject Selection requires students to select Year 9 electives and languages, via online Web Preferencing. Students have received an email containing a link for the online selection website.

The process for Year 9 2022 subject selection is as follows:

Year 9 Student Elective / Language Manual 2022

- The Course Manual provides valuable information for the Year 9 options. All students should refer to this document before they complete their online Web Preferences.
- The Student Course Manual 2022 is available electronically and each student was given a copy.
- Student access: SIMON Knowledge Banks Course Description Manuals Student Course Manuals Year 9 2022
 Elective options.
- Parent access: Parent access: PAM Documentation for Families Course Description Manuals Year 9 2022
 Elective options.

Online Web Preferencing:

- All Year 8 students will be sent a link via email to enable them to complete their online subject selections. Any student who cannot find this email, please ask them to contact Mr White. The deadline for completion of this is Friday 27 August.
- Once your son/daughter has completed their subject selection, a preference receipt will be generated. This document
 can either be saved or printed for your records. Please make sure you have viewed the subjects your son/daughter
 has selected before signing the Operoo document (formerly CareMonkey).

Please note the requirements for a Year 9 student:

- 1. Students must select two elective subjects. They will study one elective each semester.
- 2. Students must select two reserve elective choices.
- 3. Students must decide between continuing their language (French / Japanese) or selecting a Commerce based subject.

Please read the Year 9 Elective Options Manual carefully to understand this and discuss this with your student as this option is new to the College for 2022.

WHERE TO FIND SUBJECT DESCRIPTIONS & VIDEOS

Year 10, 11 & 12 2022
Course Manuals
Subject Description Videos &
Zoom Recording of Information Evenings

Year 9 Elective Options

Find them under:

PAM - Documentation for Families Course Description Manuals
& Subject Selection Information

ALSO

College Website - Learning

https://www.shckyneton.catholic.edu.au/learning/year-7-9-world-of-experiences

ACTING DEPUTY PRINCIPALS - STUDENT WELLBEING - Jodie Wattie and Paul Matthews

We are all enjoying being back onsite and revelling in some face to face learning. The constant worry during these uncertain times can cause distress and concern within the community. As a College we are aware of the impact that remote learning and the regular change in routine can have. The routine of face to face learning is incredibly important. Students thrive on routine and teachers can observe and check in on student wellbeing regularly. If you have any concerns about your son/daughters well being please get in touch with a member of the wellbeing team. You can also make a referral to our wellbeing team directly from the College website.

Wellbeing Referral tool:

https://www.shckyneton.catholic.edu.au/life-at-sacred-heart/student-wellbeing-1

A study completed by Headspace: Coping with COVID: the mental health impact on young people accessing headspace services (August 2020: https://headspace.org.au/assets/Uploads/COVID-Client-Impact-Report-FINAL-11-8-20.pdf) surveyed 3575 young people who received support from Headspace between May 25 and June 5, 2020. The survey focused on mental health and wellbeing, the impact of COVID and lockdowns and the strategies young people used to cope.

Of the 3575 young people surveyed, COVID had a negative impact on in the following areas:

- 86% mood, wellbeing and sleep
- 96% activities and routine,
- 70% relationships
- 77% study and home life.

While we are all aware of the negative impacts of COVID, the participants did identify positive impacts such as financial situation, interaction with family and their exercise or physical activity.

The study also asked about the strategies young people use to cope with COVID. Interestingly, 93% of young people used two or more strategies to cope with COVID. The range of strategies are listed below, including the percentage of participants who employed them to cope:

- Talking to family and friends (90%)
- Activities and hobbies (82%)
- Staying active (66%)
- General online support (e.g. websites, magazines, social media) (63%)
- Mindfulness(62%)
- Seeking support through consultation with healthcare professionals (62%)

Wellbeing week was a great success and although the lock down temporarily set back our casual clothes day, we managed to reschedule it for Friday 13th August. We raised a fantastic \$950, and we will be presenting a cheque to Kyneton Caring Community next week.

As always the College asks for parents and guardians support with regards to the uniform policy. The College winter uniform expectations are clear, requiring all students to arrive and leave school in their College blazer. The only exception to this is if it is raining, where the blue softshell jacket is permitted. The PE uniform is only to be worn on the day that students have their PE practical class. The College blue tracksuit pants are not to be substituted for other brands. If students are in the incorrect uniform without a note they will be required to complete a uniform detention. If students do not attend their detention this will be escalated to an after school detention.



STEM WEEK

This week is National Science Week 2021, with this year's theme being 'Food – Different by Design'. Here at Sacred Heart we once again took the opportunity to celebrate all things STEM (Science, Technology, Engineering and Maths).

Throughout the week students have had the opportunity join in the celebration and win great prizes by participating in the daily STEM quiz, the guess the mass of the lolly jar competition, and the STEM week model competition in which students had the opportunity to build a food-based model of something they have studied in science this year.

Students have also had the opportunity to participate in lunchtime activities including electronics workshops and micro:bits programming.



The prize winners for the daily quizzes, lolly jar competition and the STEM Week model competition will all be announced next week, so stay tuned for more STEM week news!











Food Based Model

LANGUAGES UPDATE - Kim Twilley - Learning Area Leader

There is a lot happening in the Languages Department at the moment!

Subject Selection

This week parents of all Languages students in Years 8-10 will have received a letter regarding the benefits of studying a language. Please take the time to read this letter and discuss the possibilities as the subject selection deadlines approach.

You might also be interested in this article from the *Conversation*, which is part of a series aimed at helping students make informed choices about VCE subjects. (link to article https://theconversation.com/thinking-of-taking-a-language-in-year-11-and-12-heres-what-you-need-to-know-164080)

JLTAV Japanese Speech Contest

Last week we had a number of students audition to take part in the 2021 Japanese Speech Contest, which is open to all Japanese students in Victoria. We are pleased to announce the following students have been selected to represent Sacred Heart in the contest, and we wish them well as they prepare and memorise their speeches:

- Sylvie Rigby 7B
- Claire Byham 7D
- Charli Gauci 7F
- Bella Trethowan 9D
- Bridie Sutton 9E
- Ivy Stevens 9E



A Taste of Ramen

Year 12 Japanese students had a delicious introduction to the Japanese phenomenon of cup noodles. Tankovich sensei provided the students with a taste of instant ramen, which will be a topic for discussion in the oral component of their exam.







This is why we go to galleries...

Reflection from Ms Samantha Caddey

As students looked through SOUL FURY... their ideas about the world and life came alive. Islamic women were not a stereotype anymore and traditional dress not so traditional. What is happening in Afghanistan isn't just on the news, it is happening to the artists that the students know and understand. LUX levels aren't random numbers, they affect the way things are viewed.

The job of a curator, or a public programs officer, became real things that students could aspire to be. The use of sound in an artwork wasn't abstract any more, because students could feel in their bodies the effect of it, and understand how to use it themselves. Plush toys, and kids Nike's, became Fine Art and helped us unpack our feelings about consumerism and commercialism. The overwhelming information became real as we were inside a RGB room and felt the effect on our senses compared to being on a screen and on a phone.

Brett Whitley's amazing draftsmanship and voluptuous line were not just things on a screen - they were seen, felt, laughed with. Wall colour becames a topic of debate and didactic information 3D. When things come alive, ideas become real students are able to learn in a rich and meaningful way.

Thank you so much to Bendigo Art Gallery and La Trobe Art Institute for facilitating this trip, after many changes and restrictions and the students and I feel very lucky and grateful to have had this experience.

A reflection from Sydney Beattie Year 12

The Year 12 Studio Art Class eagerly accepted the opportunity to travel to Bendigo to visit the SOUL *fury* at Bendigo Art Gallery and Economies of Scale at LaTrobe Art Institute, in preparation for the next assignment on Art Industry Contexts. Focused on the intentions of the artist and curator, exhibition design, promotion and conservation of specific artworks the students were taken through two distinctly different galleries to broaden their knowledge.

SOUL *Fury* pulled the students into the world of contemporary female Islamic Artists, bringing together works by 16 artists from across the world, with differing spiritual perspectives and cultural traditions.

In contrast LaTrobe Art Institute's Economies of Scale exhibition, focused of consumer culture, with technology based works combined with some classical contemporary painting techniques.

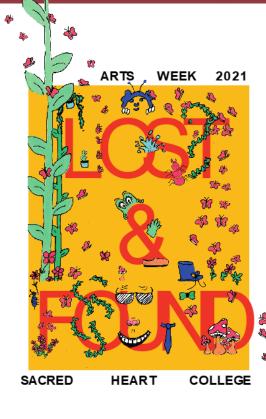
As an important part of their final studies for studio arts, we thoroughly enjoyed the excursion as it provided us a chance to relax and enjoy talking about and looking at art through a very different lens.



THE ARTS SPOT









Ms Samantha Caddey, Arts Learning Area Leader

After initial postponement, we have rescheduled a wonderful week of events, activities and experiences. We hope you will encourage your daughter/son to be involved! We are sad we can't have parents on campus at the moment, but we hope to keep you updated in the newsletter and on the school's social media as the week progresses. Here are some things to look out for...

- **Morning Music!** As you drive by Hillary Courtyard in the morning keep your ears peeled for some "Lost and Found" themed music (think groovy 60's, funky 70's, disco 80's!)
- Photography Competition- Entries are in, exhibition will be up in the Atrium and prizes will be announced on Friday!
- The Beautiful Poster- This stunning poster was designed by Grace Stewart in Year 10. We hope
 it gives as much joy as us!
- Found Sound Masterclass- Tuesday 31 of August (10 students participating!)
- **Abstract Painting Masterclass** Wednesday 1 September (18 students participating!)
- The Institute of Lost and Found- Is coming. What is it? A big installed surprise with a butterfly named Stephanie! Confused... just wait and see...
- Friday Festival Day (3 September) Dress up day! Look through your cupboards and help your son/daughter dress up as something from a "Lost Era". Gold coin to dress up, 2 gold coins to dress down (grey trackies and black puffer jackets J) Prizes for the BEST DRESSED homeroom, best dressed junior and best dressed senior! Raised funds to go to
- Lost and Found The Play Students are in the process of devising some innovative performances in classes, workshops and masterclasses. We hope to invite you to attend on Friday evening. Keep an eye out for details through school socials and on SIMON.

Information will be disturbed to students through homerooms and daily messages. For information on any of the events or activities please don't contact me.

PLEASE NOTE: If students are involved in full day masterclasses, or performance rehearsals OPOROO's will be sent out for each activity, with further details.

All activities have been planned to be COVID SAFE and require smaller groups, masks and social distancing as per usual school guidelines.

	MONDAY 30th August	TUESDAY 31st August	WEDNESDAY 1 September	THURSDAY 2 September	FRIDAY 3 September	
BEFORE SCHOOL	JAM to some LOST AND FOUND TUNES every day in the Hillary Courtyard!			JUNKYARD Wizards	Father's Day Breakfast Year 12 Music Performance	
HOME- ROOM	JOIN IN THE HOMEROOM Quiz every day to help your HOMEROOM win a prize!					
Masterclasses - All Day	P 1+2 ONLY Performance rehearsal	Found Sound Masterclass	Large scale painting Master- class	P3+4 ONLY Performance Rehearsal	Free Dress Day	
Lunchtime	BADGE MAKING IN THE ATRIUM Music Matinee Monday Lost and Found I Evening - Det				ound Performance - Details TBC	

Special Entry Access Scheme (SEAS) Lunchtime Q & A - Karen Challis

The Careers Department had over twenty Year 12 students attend a SEAS lunchtime Q&A on Tuesday. Topics covered included what is SEAS and how to apply, a detailed explanation of the four different categories, what is an impact statement and where to find further information on the VTAC website.



REMINDER - VTAC PRESENTATION

IMPORTANT LINK FOR UNIVERSITY AND TAFE APPLICATIONS

A reminder to Year 12 parents that an Operoo was sent out recently to assist both parents and students in applying for Higher Education courses. The Careers Department have listed the presentation below and recorded webinars from VTAC (Victorian Tertiary Admissions Centre) on the University and TAFE application process, which also includes understanding Special Consideration (SEAS) and Scholarship information. www.vtac.edu.au

The recording and webinar presentations will demonstrate the steps involved in applying for University and TAFE positions and the issues involved in the transition from school to post-school life.

We strongly remind that you watch with your student the **presentation** and recorded **webinars to support your student at this critical time.**

Links: YouTube Presentation - recorded guide to applying Webinar Registration - https://vtac.edu.au/events

COMMUNITY NEWS

The Sacrament of Confirmation - Castlemaine

Preparation for Confirmation is soon to take place at St Mary's, Castlemaine. If any student missed out on this sacrament last year there is still time to receive this very special sacrament.

Please contact the Parish Office at St Mary's on 5472 1900. Fr Wahid would love to hear from you.

ELEVATE EDUCATION - PARENT WEBINAR SERIES

Elevate Education is providing parents with free exclusive access to their <u>Parent Webinar Series</u> for Term 3, 2021. The final webinar for term is happening on Wednesday 1st September at 7pm. To reserve your spot, you can register for free below,

You can register by clicking here.

The webinar is run live online from 7pm – 8pm where the presenter will share Elevate's key research and skills, and will conduct a live Q&A so you can ask them questions directly.

Topic: The Exam Homestretch: how your child should approach exam preparation and what they should be doing

Should you have guestions or would like to contact Elevate directly, their details are listed below.

<u>1300 667 945</u>	□ <u>auscoaching@elevateeducation.com</u>	□ https://au.elevateeducation.com

□ https://www.facebook.com/ElevateEd/