

Prayer

Heavenly Father,
you entrusted your Son Jesus, the child of Mary,
to the care of Joseph, his foster father.
Bless all fathers and grandfathers as they care for their families.
Give them strength and wisdom, tenderness and patience,
give them ability to love in a way that reflects your love.
Support them in the work they have to do,
protecting those who look to them, as we look to you for love and salvation.
Help us to love them in a way that would bring honour to You and them.
Bless and heal all those wounded by the imperfections of their fathers
and grant an eternal rest to our fathers you have called
from this life to yourself,
through Jesus Christ Lord.
Amen



PRINCIPAL'S MESSAGE - Dr Darren Egberts

This week's prayer celebrates this weekend's Father's Day and the profound influence that parents and carers have in our lives; for good and not-so-good, in life and in their passing, at home, on holidays and through the myriad of interactions shared together.

The week at Sacred Heart College culminates with the annual Father's Day Breakfast in the John Arthurson Atrium. It is a fantastic gathering with more than 400 bookings in advance. I hope that all enjoy a wonderful breakfast as well as privileged family time.



Parent Purchase Model – Student Laptops

In the next week or so, all parents of 2024 Year 10 and Year 7 students will receive details on the new parent purchase arrangements for student laptops. Sacred Heart College is transitioning to this model of family ownership of laptops over the next three years. The correspondence will detail the advantages of the model, the new devices themselves as well as payment options for parents and families.

Student and Staff Activities

As we move into spring, Sacred Heart College students and staff have been engaged in a range of activities onsite and across the state:

- Last week, over 150 students and staff enjoyed winter pursuits on the annual Alpine Camp to Falls Creek. Congratulations to all the students who participated and especially to those for whom this was their first experience in the snow.
- Last week also saw our students and staff join with many schools across the country recognising Book and English Week. The week included homeroom competitions, guest speakers, special activities in the library and culminated on Friday with a number of extraordinary costumes on display.



- Last night and tonight will see a cast of senior students performing the play *The Real Inspector Hound* in the Mary Moloney Theatre. Chookas to all involved.
- Good luck to all Year 10 and 11 students who have nominated for one of the 2024 senior cabinet student leadership positions. These provide outstanding opportunities for students to contribute to the growth of Sacred Heart College, as well as the personal challenge of presenting before peers and an interview panel.
- On Wednesday night, I was very privileged to attend the VCE Music Recital. The evening included twenty minute performances from each of the six VCE Unit 4 music students as a prelude to these pieces being assessed formally in Term Four. The evening was a fabulous testament to each students, to the thousands of hours of practice over many years, and to their teachers, tutors and families who have provided ongoing support and guidance. Congratulations to everyone involved.



Yours in Mercy,

Dr Darren Egberts
Principal

COLLEGE NEWS - Mr Jamie Walker

MACSSIS School Improvement survey for families

Sacred Heart College is in the process of assessing our school, and a part of that is the MACSSIS survey on School improvement. Families have been sent a link, along with a letter containing a unique password and username, to complete to assist us in making improvements in how we function. The closing date for the survey is 14 September. If families have not received an email from Dr Egberts, they are encouraged to email principal@shckyneton.catholic.edu.au.

PARENT ENGAGEMENT PARTNERSHIP - Denise Lawrence, College Registrar

SAVE THE DATE

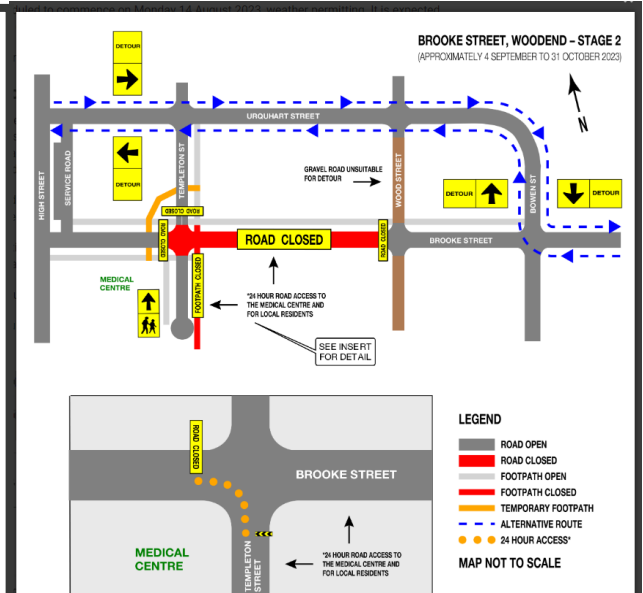
Wednesday 15 November

Maria O'Shannessy - The Parent Coach Workshop
6:30pm – 8:30pm Limited to 30 people

Woodend Bus (Organs) - change of bus route

Road and safety improvement works are in progress for a section of Brooke Street, from Templeton Street to Wood Street in Woodend. This will impact bus services. The link below to the MRSC website provides further details :

<https://www.mrsc.vic.gov.au/About-Council/Projects-and-works/Works/Brooke-Street-Woodend-road-works>



Father's Day Breakfast

On Friday 1 September over 300 members of our College community gathered to share in our Annual Father's Day Breakfast held in the Arthurson Atrium. This is a popular event in our community, and those present enjoyed the food prepared and served by our talented hospitality students and staff and were entertained by our talented student musicians. We wish our father's, grandfathers and carers all the best as they celebrate Father's Day this Sunday.

[Click here to view and download photos taken at the breakfast](#)



CALENDAR DATES

- Mon 4/9** - Music and Year 12 Drama Tutorials
3:30pm to 4:30pm
- Tues 5/9** - Year 11/12 RSA Certificate Training
- Period 5 – MPR 3:30pm to 5:00pm
- Wed 6/9** - LINC's Community Service at Kyneton
Community House, 10:45am to 3:30pm
- VET Animal Studies, Excursion -
Jirrahlinga Dingo Conservation
Centre, 1:45pm - 5:00pm
- Year 11 Volunteering Group A to OLOR,
1:45pm to 3:15pm
- Senior Art - Life Drawing 3:30pm to
5:15pm
- Thurs 7/9** - Unit 2, OLOR - Sport and Recreation
Coaching Sessions, 8:30am - 3:30pm
- Principals Tour, 9:15am - 11:00am
- Year 12 Drive Safe 10:30am - 11:45am
- Unit 2 Applied Computing Guest
Speaker, 12:15pm - 1:30pm
- Threatened Species Day 1:30pm-2:15pm
- Fri 8/9** - **MERCY DAY 8:30am - 3:30pm**

- Mon 11/9** - Year 10 Structured Workplace Learning
Week 11/9 to 15/9
- Year 9 Urban Challenge, Sydney Camp
11/9 to 14/9
- Revisit The Play 2023 - Nosferatu
Education Program Year 12 Drama
9:00am - 10:30am
- Music and Year 12 Drama Tutorials
3:30pm - 4:30pm
- Wed 13/9** - Year 11 STEAM Volunteering Group B
to OLOR, 1:45pm to 3:15pm
- Thurs 14/9** - Term 3 Concludes 3.30pm Finish
- Assembly P2 - Senior Goal Setting
- Camp Campaspe: Set up and preparation
session, 1:30pm - 3:30pm
- Period 5 – MPR, 3:35pm - 5:00pm
- Fri 15/9** **Student Free Day**
School Holidays 15/9 – 1/10
- Mon 2/10** - Term 4 Commences, Day 6

DEPUTY PRINCIPAL - STUDENT WELLBEING - Julie Mortimer

Sacred Heart College is committed to promoting the safety, wellbeing and inclusion of all children.
Further information about Child Safety at SHCK can be found on the College website.
<https://www.shckyneton.catholic.edu.au/our-college/child-safe/>

MERCY DAY

Next Friday 8 September is Mercy Day.

This is only one week away!

**If your child is going to participate in the Colour Run,
make sure you give permission through PAM!**

Mercy Day is a fun day for students and staff, when we celebrate being a Mercy school as a College Community. All Year Levels have organised activities/competitions for fun and to fundraise. This will be the first Mercy Day we have been able to run for four years, so it is very special.

Our day begins with an Assembly featuring Sr Cathy Solano, talking about the great work the charity arm Mercy Work does. This is what all of our fundraising on the day goes towards.

Mercy Day is mostly cashless, with many activities and competitions costing one coupon. These cost \$2 each and are pre-purchased. This money needs to be returned in the envelope supplied to students by 1 September. This is also the case for the \$5 entry to the Colour Run.

All students may wear either casual clothes or their PE uniform, and if they wear something in their House Colour, they gain points towards an overall House tally. There is an optional Cross Country race, the Colour Run, and a variety of free activities, as well as those requiring a coupon, to suit everyone. There is a huge variety of activities, such as a dunk machine, a hole in one competition, sideshow games, guessing competitions, a students/staff netball game and a House Tug of War – plenty to keep everyone busy! A free BBQ is available for everyone.



Information on how to download and use the *Simon Everywhere* app was provided to those who attended the Fathers Day Breakfast (also provided below). We encourage all to download this app as your one stop shop for all things SHC.

'HAVE YOU GOT THE APP YET'!

The simplest way to use PAM and keep up to date with activity permissions, sick passes, absences, and your child's education is to download the SIMON Everywhere App. If you need some help setting this up please reach out to our Administration Team, we would be happy to help you.

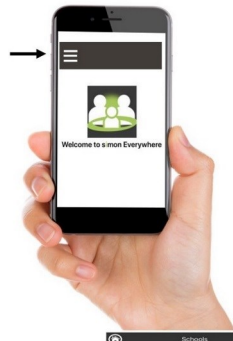
We want this module to be your one stop shop for all things Sacred Heart College. If you have any suggestions, feedback, or issues in regard to PAM please contact us via email - pam@shckyneton.catholic.edu.au



1. Download the App



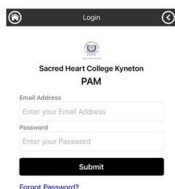
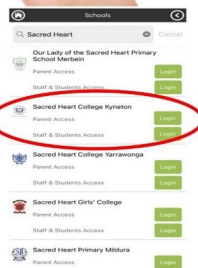
2. Click on the Menu



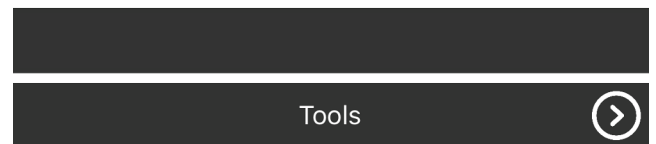
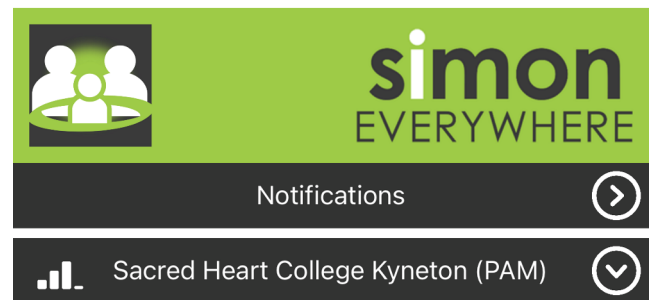
3. Click on + to add School



4. Choose Sacred Heart College Kyneton Select 'login'



5. Login using your PAM username and password



Your app log in details are the same as your PAM user name & password.

To reset your PAM password or to ask for help please email pam@shckyneton.catholic.edu.au

McAuley Sleepout 2023

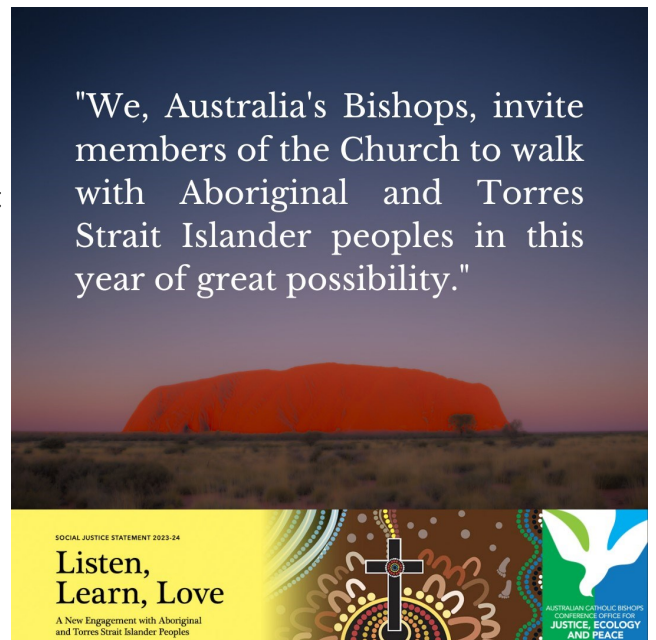
As part of our Year 9 Reflection Day this year, we will be launching a new social outreach initiative. In the lead up to this day, Year 9 students have been invited to consider taking part in our inaugural "McAuley Sleepout". The McAuley Sleepout will take place as an act of solidarity with those experiencing homelessness and housing insecurity, and will serve as a fundraising activity for [McAuley Community Services for Women and Children](#).

Sleeping arrangements for the sleepout will be on camping mats in Quambi, and those participating will spend time throughout the evening contemplating issues of social justice and concern. We are also planning to have participants spend time together in shared meal preparation and table fellowship as part of the experience.

As this is the inaugural year of the McAuley Sleepout, we will be placing a cap of 40 people on the number of participants. Year 9 students are welcome to apply to participate in this event, via the details shared with them. A key part of their application is to seek the support of their family, and so Year 9 families may like to be in conversation about this opportunity. All participants will be invited to seek sponsorship for taking part in the sleepout, with all money raised being donated to McAuley Services, one of our Mercy Ministry Companions.

Listen, Learn, Love: Social Justice Statement 2023

The recent celebration of [Social Justice Sunday](#) also saw the launch of the ACBC's annual [Social Justice Statement](#). This year's statement is titled 'Listen, Learn, Love', and calls us into compassionate encounter with Australia's First Peoples. While the statement examines the many concerns that arise from past and current injustices endured by Aboriginal and Torres Strait Islander Peoples, it is a document imbued with hope and a desire for healing. The closing message of the statement echoes the calling that we proclaim as we live and learn together each day at Sacred Heart: "Let us commit ourselves to fostering a civilisation of love in Australia. Let's come together in friendship and love to show all that love can not only change individual lives, but that it can change society for the better. Throughout the course of the referendum campaign, let us bear in our hearts the words of Paul: *Let all that you do be done in love* (1 Corinthians 16:14)".



You can read the full statement [here](#), and you can read the accompanying prayer [here](#).

Reminder - Atrium Purchases

Purchases from the Atrium during the school day can only be made by:

- Cash
- Physical Credit/Debit Cards
- Student Card
(connected to My School Connect Account)



Daily limits can be set on funds used via the My School Connect app by navigating to My Account - My Student - edit - scroll down to Cashless Tuckshop. Visit 'help' in the app for FAQs or further support.

School Holiday Office & Uniform Shop Hours

Term 3 School Holidays

Monday 18 September – Fri 29 September

General Reception will be open:
Thursday 28 Sept 8.30 am – 4.00 pm

The **Uniform Shop** will be open:
Thursday 28 Sept 10:30 am – 4:30 pm

Practice Exams – Unit 3 /4

Practice examinations will be conducted during the second week of the next school holidays (Monday 25 September - Thursday 28 September) to give students the best opportunity to succeed in their final examinations at the end of the year.

In 2023, after previous years' disruptions, these will be particularly important to provide examination experience in preparation for the VCAA External Examinations, as well as some additional handwriting practice for our students.

All students studying English will complete their practice examination on Monday 25 September (session one) and students doing Music Repertoire Performance will complete their practice examination in session two. Students are then given the opportunity to select their preferred times for completion of their practice examinations over the following three days. Students who are not studying English may select one of their other subjects to complete at this time.

Where possible, students should try to arrange the timing of practice examinations as per the VCAA examination timetable. For example, Psychology and Biology are both morning examinations, so it would be ideal to select morning examination sessions, whereas Business Management and Legal Studies are afternoon examinations, so select afternoon practice sessions accordingly.

Students have been provided with a link to nominate the times preferred, to allow us to manage the administration of individual examinations. This needs to be completed by **Friday 1 September**.

Examinations will be held in the Multi-Purpose Room. The supervisors are external supervisors employed by the College, and they will be the same supervisors we will have at the end of the year.

Important points to remember:

- **Students must complete one examination for each of their subjects.**
- Year 10 or 11 students studying a Unit 3/4 **must complete a trial examination in their chosen study.**
- Students are to arrive at least 15 minutes prior to the commencement of each exam.
- While wearing the school uniform is compulsory for the final exams, the expectation for the practice examinations is neat and tidy casual attire.
- Students may leave the examination centre once their examination time is completed.
- The Dwyer Senior Learning Centre will be available between morning and afternoon examinations.
- Students will need to make their own transport arrangements to and from the College, and should enter and park via Gate 5.

UNIT 3/4 TRIAL EXAMINATION TIMETABLE		
Monday 25/09/2023	9.00am - 12.15pm English (set time) <i>OR</i> Other subject if not studying English	1.15pm - 4.00pm Music Repertoire Performance
Tuesday 26/09/2023	9.00am - 11.45am	1.00pm - 3.45pm
Wednesday 27/09/2023	9.00am - 11.45am	1.00pm - 3.45pm
Thursday 28/09/2023	9.00am - 11.45am	1.00pm - 3.45pm

Well done to Year 10 for taking on the challenge of the Ski trip last week. It is great to hear their stories from our students, especially those students who have never skied before. What a fantastic achievement to learn to ski in such a short amount of time. I hope every student who attended the trip is feeling very proud of themselves!



This week marks the start of the student leadership selection process for 2024. Student leadership is a valuable part of our College community. A huge congratulations to every student who put themselves forward for a leadership position, you are leading by example and living the Mercy Value of Courage.

Year 12 only have a handful of weeks left they complete their secondary education, before they move onto their next stage on life. Students, parents and guardians will receive a letter that summarises the arrangements for them. Students will receive a hard copy, while parents and guardians will receive the document attached to an email. Please refer to the document over the coming weeks.

Year 9 Urban Challenge Camp



We are just **NINE days** away from Year 9 Camp, with lots of excitement amongst students who are looking forward to this new adventure. All information that has been sent to parents about the camp, including the recording of the meeting with Urban Challenge via zoom, is available via PAM—Documentation for Families, Year 9 Communication. Just a couple of things that we need to remind everyone about the camp:

- 1 Students that haven't registered to go to camp must do so by the end of the week.
- 2 Students need to be at School on Monday 11 September at 6:00 am ready to leave on the buses by 6:30am.
- 3 Students need to be in full PE school Uniform. They can wear warmer jackets, but the school's PE uniform is compulsory.
- 4 Please refer to the information provided by Urban Challenge to check what students need to pack.
- 5 There will be no classes at the College for Year 9 during Camp Week.
- 6 If you have any questions:
 - Camp Coordinator – Damien Zanic
dzanic@shckyneton.catholic.edu.au
 - Student related concerns – Angelica Violante (Year Level Leader)
aviolante@shckyneton.catholic.edu.au

Thank you
Year 9 Team

Year 7 R E Justice and Forgiveness unit

As part of our Justice and Forgiveness unit in Year 7 RE, students were asked to complete three pieces of work. The first was an artistic response showing what students learned about refugees related to the concepts of justice and forgiveness. Secondly, students were asked to create their own version of the 10 commandments, and lastly students were asked to reflect on what they had learned about justice and forgiveness in either a prayer, poem or song. The detail and thought students gave their work was highly impressive. They are to be congratulated on some amazing reflections, both artistic and written. Below is a reflection on the experience, written by one of the Year 7 students:



Student Reflections

I wrote this because I am making a reflection on what I have learned in the past couple of weeks about justice and forgiveness. The song 'From Little Things Big Things Grow', I've learned about how Vincent Lingari got justice by having a big group who all stood against racism and, eventually, they got justice. It speaks to me because I love music and the lyrics have lots of meaning which I really like.

We also read a book, named 'Over Under Sideways Down', which was good but very sad. It's about a refugee trying to escape his country and seek asylum in the UK. It's very sad and it inspires people to chase their dreams because, no matter what they go through, like war and other things, you can still make it and always keep trying.

I liked learning about justice and forgiveness as it taught me a lot of things I can use later in life.

I have learned that if you forgive people, you can live a much happier life, as long as you do not hold a grudge against the person that apologises. Justice is when people are treated fairly and have equal rights no matter what they look like.... Forgiveness is important in our lives because it talks to people and tells them that it's not right what they have done, but not to worry about it and not do it again, and to keep living your life in a respectful manner.

WORLD YOUTH DAY REPORT - Louis Mayne-Mills, Year 12

I was privileged, earlier this term, to attend World Youth Day celebrations in Portugal, with about 500 young Victorians and millions of people from around the world. As part of the trip, we went to Rome for a few days first, where we spent a time visiting the Vatican and we were very lucky to meet the Pope. We asked him questions and he gave us some very knowledgeable answers.

Then we went to Assisi, which is a small town made famous by St Francis.

Like many like old heritage sites, Assisi has beautiful churches and is an amazing place.

Finally, we went to Portugal where the main World Youth Day event was taking place. Overall, it was an amazing trip and really opened my eyes spiritually. I made many new friends and was able to undertake experiences and created memories that I will never forget.



Concrete actions to protect our common home

The Mount Alexander bioregion spans uplands, goldfields and volcanic and riverine plains, however, much of the natural environment bears scars from past human activities. In August, Sacred Heart College Kyneton took action to help support the biodiversity in this bioregion. Twenty students and two staff worked alongside Cassina Environmental Services to revegetate a swampy area in the foothills of Barfold.

In challenging terrain and weather, approximately 400 indigenous species were planted. Returning local native species to this region will provide essential food for insects and other small creatures, and in turn support many local birds and other



DEBATING NEWS - Andrea Knight

Junior Debating Showcase

On Monday 28 August during lunch, our junior debaters showcased their talents in the debate “Is binge-watching television and movies a good way to spend time?” Students Stella Egberts, Charlotte Tracey and Kate Hemphill for the affirmative team and Eoin Blanks, Levi Gordon and Bronte Meyer for the negative team battled it out in an informative and humorous debate. It was a very close result with the affirmative team winning by just one point. Thank you for Mila Periera for adjudicating and Will Sacco for timekeeping.

Debating is such a fun activity and a great opportunity for our students to learn lifelong public speaking skills.

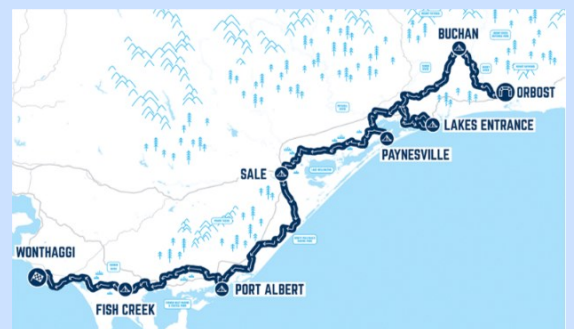


Can you help?

Female cyclist parent helper needed

We are looking for an experienced female cyclist to help us out with staffing on the 2023 Great Victorian Bike Ride. We have a group of 5 students (3 boys and 2 girls) and one male teacher and one male parent helper. We leave for the start of the event in Orbost, East Gippsland, on Saturday 25 November and finish in Wonthaggi on Sunday 3 December. We provide bus transport to the start of the event and you can be transported back to Kyneton at the end of the event. Each night we camp in our own tents at various sporting grounds and reserves. There are portable showers and toilets provided. Your ride costs are covered by the College. We will be riding 540km over 7 days of riding, averaging approximately 77 km per day, visiting the towns of Orbost, Buchan, Lakes Entrance, Paynesville, Sale (rest day), Port Albert, Fish Creek and finishing in Wonthaggi.

Please contact Craig Darroch at the College, email cdarroch@shckyneton.catholic.edu.au if you can help out.



Last week we celebrated English and Library week, with a range of activities designed to provide our students with fun, positive experiences linked to English and reading. We started the week with author Melissa Keil presenting to our Year 7, 8 and 9 students about her experiences as an author, giving them an insight into the process behind writing, editing and publishing novels. She also ran a creative and engaging character writing workshop with students at lunchtime.

On Thursday the escape room 'Opening the Vault' was held in the Library. A great time was had by the nine teams who signed up quickly to get a spot. Students were faced with lots of challenges, from finding some loot, deciphering codes and secret letters and numbers, using mysterious blueprints to find the Oracle and the sacred scroll. It was action packed fun. All teams completed the steps and made it to the vault. But only one team had all the correct numbers to unlock the vault. Congratulations to 'The Keypers' Lucy Killick, 8C; Ameliah Melville, 8C; Mia Freijah, 8B who opened the vault before the time bomb went off and were the winners!

Throughout the week students participated and entered a creative writing competition, and a colouring competition based on the theme for this year's Book Week, 'Read, Grow, Inspire'. Finally on Friday we had a dress up day and casual day. We saw some amazing, creative costumes and prizes were awarded to our colourful crayons, the Lion the Witch and the Wardrobe, and Mr Bump. We also saw many of our staff getting involved by dressing up this year, with our staff prize going to the very committed Mr Carrick as one of Mr Popper's Penguins. Overall we raised \$650 in donations to support Mercy Works with their valuable work both in Australia and overseas.



Winner of the Creative Writing Competition –

Reading and Star Stuff (Among Other Things)

Claire Byham. 9C 2023

To read is to explore
Like gazing up at millions of stars and knowing you can
never count them all
But trying anyway.
To read
Is to draw lines in the night sky
With the end of your little finger and say,
'That one's a lion,' and
'That one's a bear,' and
'This one doesn't have a name,' but
It still looks like something, somewhere.

To read is to form tiny connections
Between the mundane and the incredible,
Like thinking you found a new star
Shining in the distance
A moment of delight and wonder only expelled
When you choose to be sceptical
When you choose to pull yourself away
When you choose to see the stars as simply
Flashing lights on the wings of an aeroplane.

To read is to wonder
What lies beyond
In the expanse of space and time and knowledge
That is the future,
Like the spaces between the glitter of stars where more stars
hide
Too far away to foresee
But always there, blinking in the distance and waiting to be
discovered,
The words in the pages of a story yet to be written.
To read is to love
The journey and not the end result,
To force yourself
Page by page
Chapter by chapter
Not to skip ahead and discover if there is a happily ever
after,

Not to discover if they make it out alive
If they run away together into the vast unknown in a haze of
beauty and happiness
But to wait with bated breath for the final page turn
The final curtain to fall,
Like the everlasting story hidden in the places the sun
cannot find
The search for the secrets concealed
On the dark side of the moon
Temporarily unreachable.

To read is to learn
To discover
Not the meaning of life
Or anything that dramatic,
But to learn the simple joys that make up the human
experience
The feeling of trust, of knowing a well-kept secret
The feeling of freedom
Escape
Discovering the truth of a wide, infinite future
Like the light years of space between yourself
And exploding star stuff
Seen by the human eye millions of years after it occurred,
A reminder of how small we are
But also
A reminder of how big our universe
Is.

Essentially,
Whittled down to its very core
Its hot and melty insides like that of our own Earth,
To read is to grow.
To read is to mature
To learn how to be
To mould yourself into the person you want to be
But also to hold onto fragments of childhood,
Those fragments of exploration and wonder and discovery
and love
That make us human and truly unique
Those fragments that save us
From being enveloped by the vast oceans of the truth, of the
real world.

Like those tiniest of the stars, miles away and outshone by
many others *now*,
We are all simply our own stories,
Waiting to be told
One day.



STEM Week

From 14 - 18 of August, we celebrated STEM week here at SHC. The week coincides with National Science Week and the theme for this year was 'Innovation – Powering future industries'.

Throughout the week we had various workshops and competitions running, including; a Lego bridge building competition, a VR workshop, making binary bracelets workshop, a daily golden brain treasure hunt, a making better paper planes contest, decipher the AI prompt competition, and the ever popular guess the lolly jar competition.

The week was a great success, with lots of terrific prizes won and students and staff alike joining in the fun. It was fantastic to see the college community enjoying and celebrating STEM!



Junior Japanese Statewide Speech Competition

Danielle Tankovich

Over the weekend the following students exemplified the Mercy value of Courage and represented SHCK superbly. They have spent many lunchtimes, recesses, time after school, and on the weekend to prepare for this day. It is hard enough, to stand up in front of a crowd of 100 people and speak their first language, let alone a language they are learning.



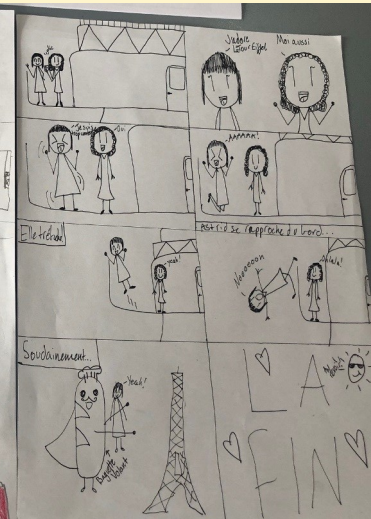
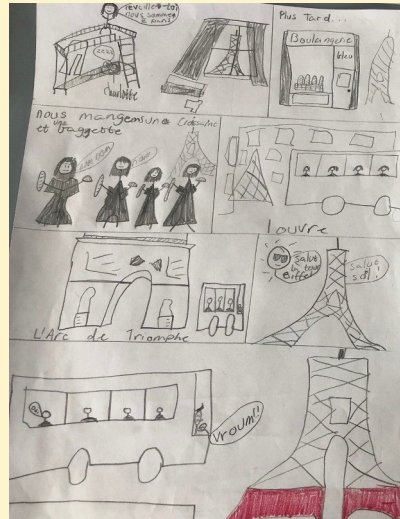
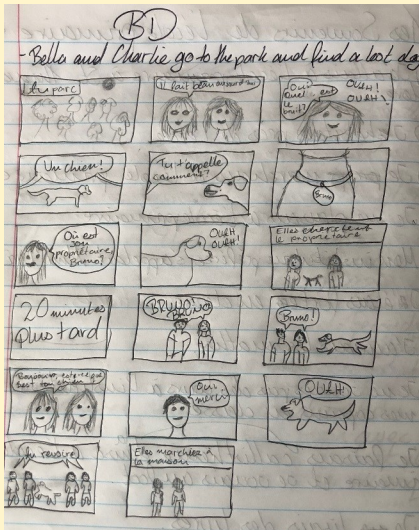
These students memorised a set speech in Japanese, created their own original speech, and then memorised it and competed against 20 other students in their category at Hawthorn Arts Centre, Hawthorn in Melbourne on Sunday morning. Year 7/8 students were there bright and early at 8:30am whilst our Year 9 representative arrived at 11am! Unfortunately, we didn't place this year, however, the students coped very calmly and amazingly well when they got a little stuck.

Please congratulate the following students: Jett Ager (Y7) , Mason Bray (Y8) , Holly Alderton (Y8) and Coen Cursio-Brundle (Y9)

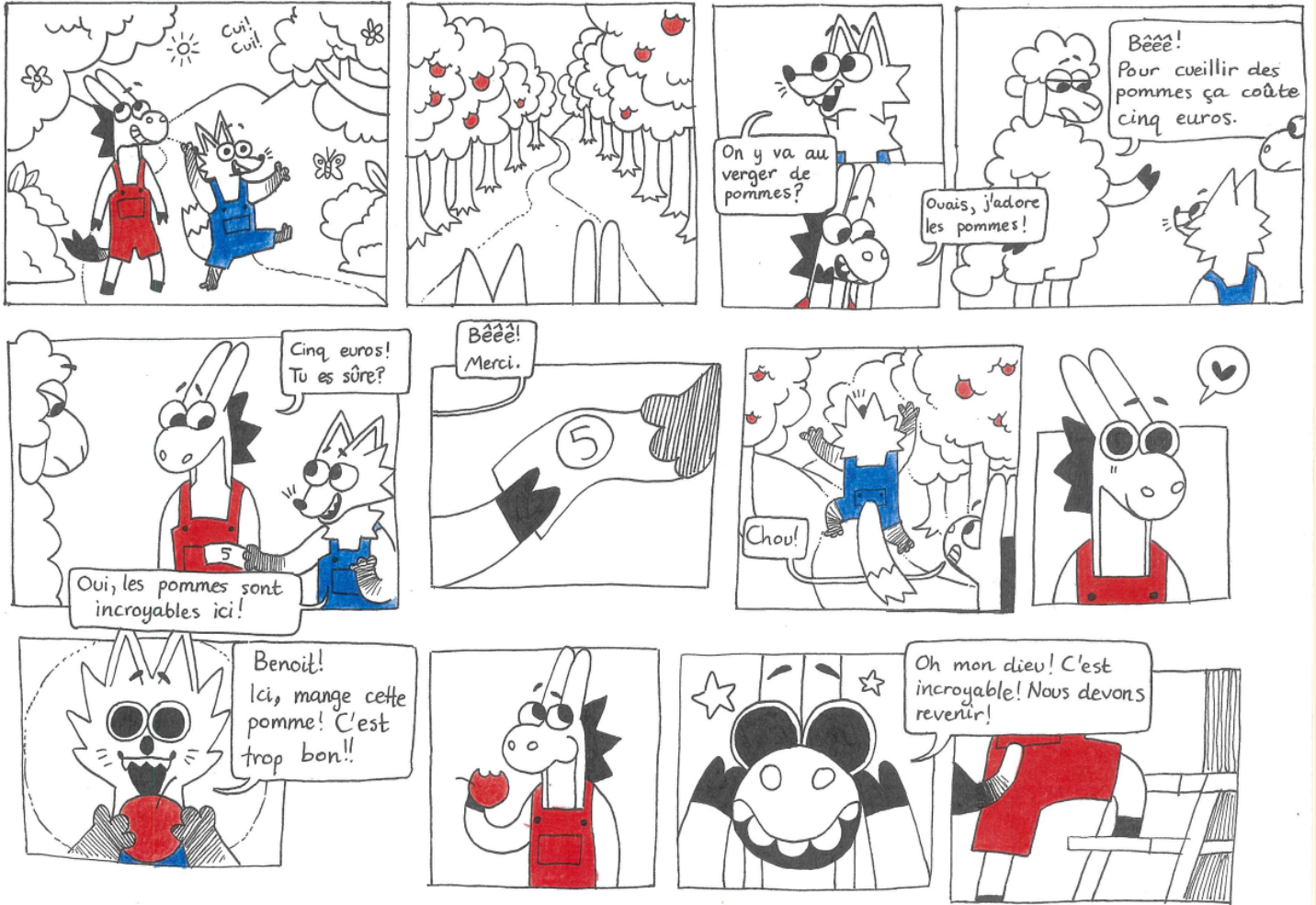
Year 10 French

Cecile Slotjes

After looking at French BD (bande dessinée – comic book), the Year 10 students were asked to make their own. I was really impressed with their work. Here are some of the results!!



Turn page for more



MUSIC NOTES – Terry Carrick

The last week has been momentous. Our Year 7 and 8 students have been presenting a sea of wild and wacky musical instruments that they've brainstormed and created, discussing the workings behind each of their designs before performing.

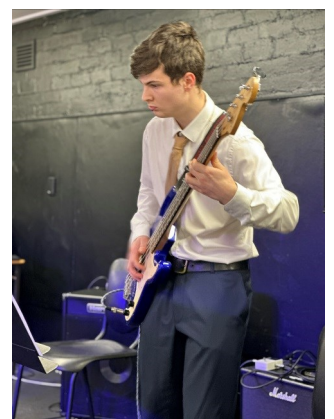
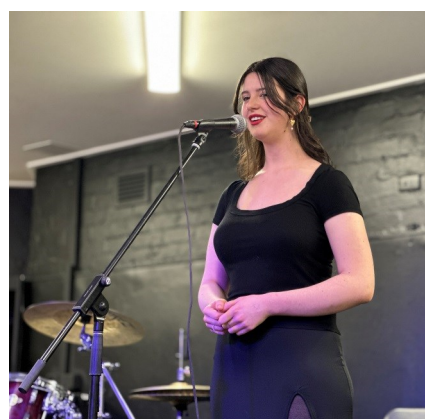
On Wednesday evening, our Year 12 Music students presented a VCE Recital Evening, where they all played a 20-minute program of repertoire, which they've been working on all year. Hunter Carson, Kyle Dingle, Hugo Fanning, Charlotte Godsmark, Henry Johnson-Cornes and William Shaddock, were ably accompanied by Ms Anna Clarke and Mr Tom Martin, in front of an incredibly appreciative and supportive audience. These students were also receiving feedback in the form of a mock assessment from Mrs Helen Duggan and Ms Sue Morris. The students demonstrated a truly proficient level of finesse and musicality within their polished performances. They will present their programs in approximately 6-8 weeks' time as a VCAA Performance Examination, whereby the 20-minute performance accounts for 50% of their entire VCE Music study score.

Our College Assembly this week, saw a killer performance of Nirvana's *'Smells Like Teen Spirit'* from the very pro-active band of Jack Keniry, Oscar Lawrence, Tessa Smith, Charlie Tracey and Sebastian Wozniak. These year 7 students have been practising intently, which was evident in their playing which brought a roar to Quambi from a pumped student audience!

This week, we bid farewell to Mr Jared Brentnall, who has been teaching drums and guitar at Sacred Heart since 2021. Jared will commence intense training next week as an aviation firefighter. We are in the process of employing two separate teachers to teach drums and guitar.

Finally, applications are now open for students to apply for the 2024 Music Scholarships. This is open to all students studying at Sacred Heart in 2024, and all musicians are encouraged to apply. Applications are completed online at <https://tinyurl.com/SHCMusicScholarship2024>. Please note that applications for scholarships close on Thursday October 19, 2023.

We are also accepting enrolments for the Instrumental Music Program in 2024. If you would like to apply, please do so online at <https://tinyurl.com/shcmusic2024>



YEAR 10 ALPINE CAMP

Full report in next edition.



Year 12 VCE VM News - Eliza Consiglio

SHC FOOD DRIVE

Year 12 VCE VM will be collecting non perishable foods from **28/08 until 14/09**. They will be donated to **Sunbury and Cobaw Community health** to be distributed to people in need in the area.

These items can include:

Instant coffee, canned goods such as vegetables/soups as well as long life milk and rice.

There will be drop off boxes in each level to put these items in



SHC Food Drive

From 28 August, Year 12 VCE VM students will be collecting non-perishable foods for those in need around the Sunbury and Cobaw area. We were first introduced to the idea when we had Kate from S&CCH come in to speak to us about homelessness in our area, and we knew that we wanted to help where we could. The food drive aims to donate non-perishable food items such as: instant coffee, canned vegetables, canned tuna, pasta, rice and personal hygiene items.

In each Homeroom there is a box from which we will be regularly collecting the items. The food drive will finish on 14 September. In that time if one person could bring in one item, we could help make an impact on many people, who are homeless or at risk of homelessness, in our area.

We thank you for your support.

Year 12 VCE VM

SPORTS REPORT

Year 8 Girls' Basketball

On Monday 21 August, we took eight girls to Broadmeadows to compete in the Year 8 Girls' Basketball. All put in so much effort and work to come away with a thirty-point win in the Grand Final.

Year 8 Girls Team



NMR Netball Year 7 - Region Finals



Year 8 Boys' Basketball

The Year 8 Boys Basketball Team was exceptional during the day making it all the way to the Grand Final, where they unfortunately fell short to a well-equipped Hume High School side. Led by two wonderful coaches, the team had a great dynamic, which led to a great day, and we are extremely proud of what our Year 8 boys were able to accomplish. *Josh & Lachlan, Year 11*



NMR Mickleham Regional Athletics 30 August

A miserable wet morning greeted the 26 students as they arrived at Epping with showers continuing until 11am. High jump and hurdles were cancelled due to the unsafe conditions with water on the track areas. The throwers were somewhat hampered with water in the throwing rings and run ways.

Despite the weather conditions the following results were recorded:

- Sarah Fitzpatrick 1st in the 1500m U15, after a very difficult race that saw the lead change several times.
- Will Eshuys 1st in the discus U16 with an opportunistic throw.
- Tyler Finch 1st in the U13 800m and 1500m. Tyler ran a PB for his 800m (2m 20sec) and really showed his class in sweeping the middle-distance events.
- Our only Year 12 competitor, Emma McCalman, achieved 2nd in long jump and the 100m, and 3rd in the javelin for her last official sport event for Sacred Heart. Thanks Emma.

Special thanks to Ivy Stevens, Keeley Whitzell and Isabella McBride for volunteering to assist at javelin.



Senior Girls Basketball

After some easy wins at round one, us 6 girls drove off to round 2 of senior basketball. We came up against some feisty and strong teams but we came out winning 2 of our 3 games, only losing our one game by 6 points after a huge comeback. For a small team from a country school we put up some competition against those sports schools and came home proud of what we did.

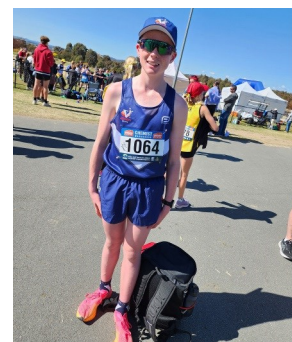
Molly Garrahan, Year 12

School Sports Australian National Cross Country Championships

On 26 August, Tyler Fynch, year 7, represented Athletics Victoria and SHC at the School Sports Australian National Cross Country Championships held at Stromlo Forest Park in Canberra.

Tyler finished 15th/79 finishers in the U14 3km on a perfect sunny Canberra day.

His VIC U14 team finished 3rd in the teams event. An incredible experience and achievement for Tyler. Congratulations



Year 12 PE Class

On Tuesday 29 August our Year 12 PE students had a fabulous incursion with METS Performance. We were able to complete tests normally performed in sports science labs. Students either participated or observed a VO2 max test and a 30 sec Wingate test. It was great to have Tyler with us, showing the students sports science technology and applying examples from real world athletes. The incursion covered nearly all parts of the course and was excellent revision for students as they prepare for their practice exams and final external examinations.



Year 11 PE Unit 2 – Croquet fun!

Our Year 11 students are looking at adherence to the Australian Physical activity and sedentary behaviour guidelines, barriers / enablers to physical activity and promotion in various settings. As part of this unit our students visited Kyneton Croquet Club. We were given a lesson by the wonderful team down at the club and then had the opportunity to play in some games. We felt so very welcomed and the students had a fabulous time. We would like to thank Kyneton Croquet Club for providing such a great opportunity for us to engage with such a great club in our local community.



Heard it on the Grapevine



Student Achievements

If you would like to highlight your student's achievements outside of school, please email newsletter@shckyneton.catholic.edu.au

Congratulations to Miranda Byrne – 7A

On Friday 25 August, Miranda Byrne (Year 7A) achieved fantastic results on her horse Teddy, qualifying for the Australian Equestrian Championships to be held in October this year. By qualifying, Miranda obtains a world ranking. A truly amazing result. We will all be cheering her on and wishing her the very best of luck.

Mrs Knight and Ms Jenkin



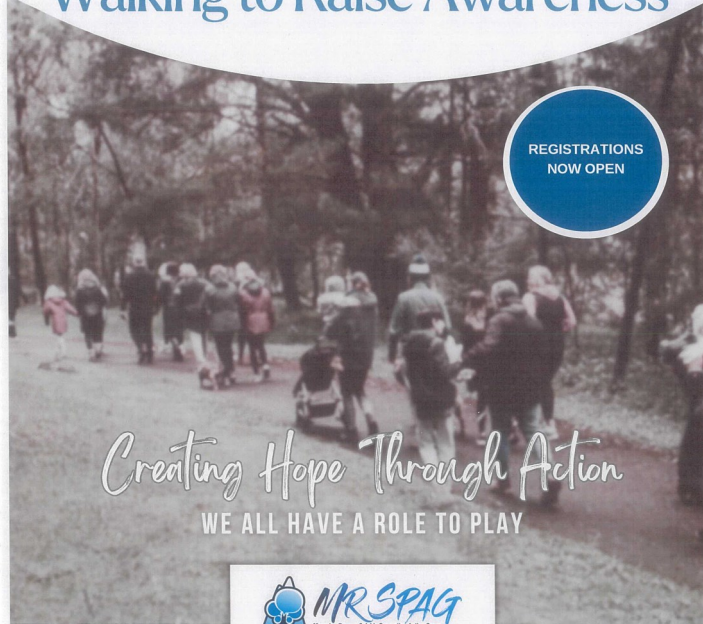
SUNDAY SEPTEMBER 10

9am with the walk beginning at 10am

Woodend Children's Park

WORLD SUICIDE PREVENTION DAY

Walking to Raise Awareness




REGISTRATIONS
NOW OPEN

Creating Hope Through Action

WE ALL HAVE A ROLE TO PLAY



to pre-register please email suicidepreventionwalk@mrspag.com.au
with registrations open on the day from 8:30am
for more details visit www.mrspag.com.au or 

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small verge clock with bell
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MACEDON RANGES BASKETBALL ASSOCIATION
REP TRYOUTS

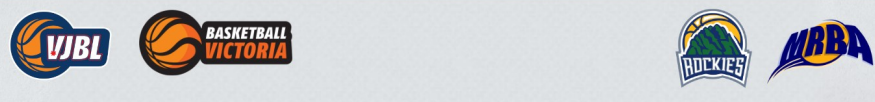
BOYS & GIRLS — ALL AGE GROUPS



← SCAN HERE TO REGISTER

TRYOUTS WILL BE HELD THE FIRST WEEK OF TERM 4.

PLEASE REACH OUT TO US AT [REP@MRBA.ORG.AU](mailto:rep@mrba.org.au) FOR MORE INFORMATION.




PLAY CRICKET

Join your local club
 Play cricket with your friends and stay active

JOIN YOUR NEAREST CLUB

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SHOW YOUR SKILLS PLAY TOGETHER


JUNIOR CRICKET 1	JUNIOR CRICKET 2	JUNIOR CRICKET 3
AGES UNDER 10-11 2 HOURS	AGES UNDER 12-13 2-3 HOURS	AGES UNDER 14-18 2.5-4 HOURS
<ul style="list-style-type: none"> Short, action-packed games played in under two hours. Smaller team sizes offer everyone more opportunities to bat, bowl and field. Play on a shorter pitch for more consistent ball delivery and skill development. A fun, welcoming and inclusive environment. 	<ul style="list-style-type: none"> Short, action-packed games played in under three hours. Improve your technical cricket skills with a longer pitch & wider boundaries. Develop your teamwork in a friendly competition. Smaller team sizes offer everyone more opportunities to bat, bowl, field. A fun, welcoming and inclusive environment. 	<ul style="list-style-type: none"> Short, action-packed games played in under four hours. Refine your technical cricket skills with a full length pitch and wider boundaries. Develop your teamwork in a friendly competition. A fun, welcoming and inclusive environment.
<ul style="list-style-type: none"> 7 PLAYERS 20 OVERS 16M PITCH 	<ul style="list-style-type: none"> 9 PLAYERS 20/30 OVERS 18M PITCH 	<ul style="list-style-type: none"> 11 PLAYERS 20/40 OVERS 20.1M PITCH

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playcricket.com.au



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