

Prayer

*God of compassion and solidarity,
you came among us through your Son Jesus
who became a refugee and had no place to call his own.
Look with mercy on those who today are fleeing from war,
danger, hunger and poverty.
Bless those who work to bring them relief, comfort, safety and dignity.*

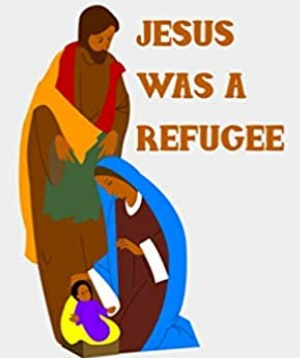
*Open our hearts and minds to recognise the love
and care you have for refugees
and asylum seekers throughout the world.*

*Give us compassion and courage to reach out to your daughters and sons so that we will commit our-
selves to healing the pain, sorrow and anxiety of all those who suffer.*

*Guide the nations of the world towards that day when all will
rejoice in your Kingdom of justice, peace and harmony.*

We ask this through Christ our Lord.

Amen



PRINCIPAL'S MESSAGE - Dr Darren Egberts

This final newsletter for the term sees the mid-year break almost upon us. I would like to take this opportunity to thank all members of the Sacred Heart College community – parents, families, staff and students – for the resilience and patience displayed throughout the last nine weeks. The Covid pandemic, as well as the onset of an early influenza season, has stretched the capacity of schools and the coming holidays will provide a welcome respite.

End of Term Arrangements

A reminder about key school dates:

- **Friday 24 June** **Final Day Term 2 (classes conclude at 2.30pm)**
- **Monday 11 July** **Term 3 commences**
- **Friday 15 July** **Staff Professional Learning Day (no classes running)**

Employment Opportunity

Following my article is an advertisement for a Canteen Assistant at Sacred Heart College starting next term. Applications are open until next Wednesday 29 June 2022.

We recognise the second week of the school holidays as NAIDOC (National Aborigines and Islanders Day Observance Committee) week across Australia. Sacred Heart College continues to reinforce the importance of reconciliation with our first nations people.

Wishing all Sacred Heart College families and friends a restful, safe and healthy holidays.

Yours in Mercy

Dr Darren Egberts

Principal





Applications are invited for the following fixed term position at Sacred Heart College Kyneton.

Canteen Assistant

Hours of work to be negotiated

The role is five days a week from 9.30am – 2.30pm, although a shorter day or job share arrangement may be negotiated with the successful candidate.

For further information contact the Principal's PA, Jan Bower (03) 5421 1200) or email: jbower@shckyneton.catholic.edu.au

Sacred Heart College is committed to promoting the safety, wellbeing and inclusion of all children.

Applications are to be emailed to: The Principal, Dr Darren Egberts: principal@shckyneton.catholic.edu.au

Applications close: 4.00 pm on Wednesday 29 June 2022

[Position Description](#)

[Terms and Conditions](#)



Bereavements - Your prayers are asked for the following family who are mourning the passing of a loved one recently. The McBride family on the passing of Pamela Brown, grandmother of Isabella 10D and Sophia 11D.

Our thoughts are with you all at this sad time.

CALENDAR DATES

- Mon 11/7 - Term 3 Commences
- Years 7-9 Wheelchair Sports in PE Classes
- Tues 12/7 - Period 5 - 3.35pm to 5.00pm
- Wed 13/7 - College Tour 9.15am to 10.30am
- GVBR Training 3.30pm to 5.00pm
- Maths Tutorials 3.30pm to 5.00pm
- Thur 14/7 - Year 11 (Year 12 2023) Student Information Session P1
- Senior Pathways Parent Information Session 5.30pm to 7.30pm
- Fri 15/7 - STAFF PROFESSIONAL LEARNING DAY - STUDENT FREE DAY**

- Mon 18/7 - Childsafe Week
- Wed 20/7 - GVBR Training 3.30pm to 5.00pm
- Maths Tutorials 3.30pm to 5.00pm
- Thur 21/7 - Semester One Awards Assembly 10.40am to 12.00pm
- Period 5 - 3.35pm to 5.00pm
- Fri 22/7 - Year 10 (Year 11 2023) Subject Selection Information Session P1

*Sacred Heart College is committed to promoting the safety, wellbeing and inclusion of all children.
 Further information about Child Safety at SHCK can be found on the College website.
<https://www.shckyneton.catholic.edu.au/our-college/child-safe/>*

ATTENDANCE

Now that we are back at school on a permanent basis, and students have had a semester to re-adjust to onsite learning, it is time to turn our attention to raising the rate of attendance. While the vast majority of students have satisfactory attendance, there are some who have found it more challenging to return to school every day for a variety of reasons. The College is able to support students who are struggling, but there are a number of students who have become accustomed to taking time off for things other than school. The impact of missing school is significant. Even the odd day means that students miss information, and have to catch up on what the others are doing. More importantly, and what we have certainly found as a result of remote schooling, they miss the socialization of school. We have learned that to retain our social skills we need constant interaction with our friends and peers. When students miss school, the impact is not just an academic one, it is a social emotional one as well.

I am asking that parents support this as much as they possibly can. Of course, if there are valid reasons to stay away, such as illness, please do so. If, however, students are just not keen or are 'too tired' or just feel like a day at home, please do not give in. They need to rebuild their stamina, and this can only be done by pushing through. It is a slippery slope to school refusal when students begin to pick and choose when they attend. I have attached a chart that explain the implications to a young person's education when they don't attend.

What does your attendance really mean... the CUMULATIVE effect of POOR ATTENDANCE Be smart Be There, if Not Ask for Help!			
If a student misses	That equals	Which is...	And over 13 years of schooling That is...
1 day per fortnight	20 days per year	4 weeks per year	Nearly 1.5 years
1 day per week	40 days per year	8 weeks per year	Over 2.5 years
2 days per week	80 days per year	16 weeks per year	Over 5 years
3 days per week	120 days per year	24 weeks per year	Nearly 8 years
Understanding the LINK between REGULAR SCHOOL ATTENDANCE & ACHIEVEMENT Be Smart Be there, if Not Ask for Help!			
Attendance Rate	Missed School	Achievement	Social Emotional Impacts
Attendance Rate Equal to or Greater than 98%	These students have missed 4 days or less in a school year	High chance of achieving to best of their ability	Positive relationship in and with school
Attendance Rate Between 95-97%	These students have missed 5-10 days in a school year	More likely to be achieving well at school	Find it fairly easy to get back In touch with the learning program after absences
Attendance Rate Between 90-94%	These students have missed 11-20 days in a school year	Find it challenging to keep in touch with the learning program	At somewhat risk, should aim to improve their student attendance to keep up with work and connections at school
Attendance Rate Between 80 – 89%	These students have missed 21-40 days in a school year	Hard to catch up on missed work. Have missed up to 1 day every week, which equates to 2.5 years Schooling missed by Year 12	Very difficult to keep in touch with school work and to maintain social connections – individual support recommended
Attendance Rate below 80%	These students have missed more than 40 days in a school year	Have regularly missed more than 1 day per week	At high risk of 'disconnect' from school. They are almost certain to experience academic and social difficulties – Group meetings and individual supports required
Based on 200 academic days or 40 weeks per year – adapted from Improving School attendance (DET, 2019)			

It seems hard to believe we are half way through the Academic year, but there has been a lot happening over the past two terms in each year level.

- Year 12 Retreat
- The delayed Debutante Ball (Year 11 - 2021)
- Year 11 Retreat and Service activities performed in our local community (including a return to feeder Primary schools)
- Year 10 Wellbeing Day (Sessions with Tomorrow Man, Tomorrow Woman and Kate Gladdin)

These extra-curricular activities are on top of the usual Swimming and Athletics Carnivals, as well as the various sporting representation by Senior Students. We also need to mention the learning and assessments that have taken place. I think it is safe to say, our students have been very busy this semester.

2023 Subject Selection

From the start of Term 3, the process of subject selection for 2023 will commence. Please note the timeline in the table below. More information will available via Operoo.

Senior School Workshop Evening

The Senior Pathways Team is holding a workshop evening for parents and guardians on **Thursday 14 July**. The evening offers a range of 30 minute workshops specific to your students path through the Senior school. Workshops include: the New VCE, Changes to VCAL, Study Scores and ATAR, VCAA Provisions, VETs, Careers, types of assessments and how to support your student. More information, and a link to book a workshop, will be available via Trybooking. **Please access the link below to select your workshop.**

[Click Here for Workshop Trybooking Links](#)

Process	Year 9 2022 (Year 10 – 2023)	Year 10 2022 (Year 11 – 2023)	Year 11 2022 (Year 12 – 2023)
Student Information Session	Friday 5 August Homeroom and Period 1	Friday 22 July Homeroom and Period 1	Thursday 14 July Homeroom and Period 1
Parent Information Session (Online)	Tuesday 9 August 7:00pm	Tuesday 26 July 7:00pm	Not applicable
Operoo due: Subject Selection Acceleration application	Friday, 26 August 5:00pm	Friday 19 August 5:00pm	Monday 1 August 5:00pm

Year 12 and Party Safe Assembly



Today our Year 12 students had an opportunity to listen and interact with Sonya Karras (*Whole New World*), who provided an informative and relevant session on vaping and safe partying.



Sonya talked about the issues, including health and the legal aspects of vaping, drugs, and alcohol. They are now more aware of the deceptiveness of the advertising regarding what is in the vaping liquid, including nicotine. This is targeted at addicting the next generation to a nicotine-based product. Earlier in Term 2 Sonya had presented a session on vaping to the rest of the student body. It was great to see the Year 12 students engagement with Sonya.

A reminder of our consequences. If a student is caught smoking or vaping at school, they will be suspended and parents will be contacted. The student will be required to complete a research task on the consequences of vaping during their suspension. The vaping equipment will also be confiscated.



SCHOOL HOLIDAY ARRANGEMENTS

College Opening Hours:
Monday 27 June - 8:00am to 4:30pm
Friday 8 July - 8:00am to 4:30pm
Monday 11 July – First Day Term 3
Any queries outside of these hours, please call 5421 1200 and leave a message

Uniform Shop Opening Hours:
Thursday 7th July – 12.30pm – 4.30pm
Any queries for the Uniform Shop, please call: 7020 2648

NEWS FROM JUNIOR RE - *Victoria Mackay, Junior Learning Area Leader 7-9*

RE Craft Group Contributions

This term the RE craft group have met every Wednesday lunchtime to craft birthday cards and prayer cards for the residents of Bupa Aged Care in Kyneton. A variety of students from all different year levels attended and contributed their creativity and love for the elderly members of our community. A massive thank you from Ms Mackay to all of those who came along and gave their time.



NEWS FROM WOOD TECHNOLOGY - *Andrew Scarlett*

During Semester One the Year 9 students in Wood Technology have been very busy making tables. The students had to design, plan and produce a table constructed from timber.

The designs of the tables have been fantastic, and students have worked extremely hard on producing a very professional finish.



SPORTS REPORT

Mr Jamie Walker

NMR Cross Country June 2022

On 15 June, 29 students travelled to Bundoora Park in very cool conditions, to run the Northern Metropolitan Regional Cross Country Championships.

Some notable results were obtained, and the following students have qualified through to the next stage:

- **Thomas Ford 2nd in the U16 Boys**
- **Lucy Killick 8th in the 12-13 Girls**
- **Inga Foerster 9th in the 12-13 Girls**

Congratulations to all who participated and survived some very trying conditions.



Participants for a Cheer Leading Squad - Ella Takos Year 8

A group of students would like to start a Cheer Leading Squad for the girls in Years 8, 9 and 10. Sadly the boys will have to sit this one out! We are going to commence the trials next term, with a view to creating a team of enthusiastic and energetic students.

There are signup sheets on the noticeboards in Upper and Lower Mercy Building and in Lower O'Neill. If students are interested, please put your name up, and keep your eyes on 'Daily Messages' for further details.



SHAVE FOR A CURE - Seth Scott Year 12

On Friday 20 May I organised the *Shave for a Cure* event at Sacred Heart. I was passionate about this because, when I was in Year 9, I made a deal with my mother that if I grew my hair I'd cut it in three or four years to fundraise money for the World's Greatest Shave. Suffice to say it worked, and now we've raised nearly \$4,000!



The Shave for a Cure was one of my projects for PDR (Personal Development & Religion). There were many tasks to organise, some of which were organising a date and time, booking the location of the event, securing a hairdresser to shave our heads, applying for the day to be a casual clothes day for students, and organising other people who wanted to join in on the shave.

It was a huge success that drew a large crowd, and even Dr Egberts himself made an appearance, but didn't shave his head! The day was great and we had a number of brave people who cut their hair.

A big thank you also to Ms Matricardi-Old for taking charge of the clippers. I would also like to thank Liam Cowburn, Kejsi Schulz, Oscar Broadbent, Dylan Azzopardi, Marissa Fisher, Annette Fisher and Hunter Daw for cutting and shaving your heads for blood cancer. You've all contributed in getting closer to beating blood cancer.



Year 11 Retreat - Service to Self and Others

In May this year the Year 11 students from Sacred Heart College participated in an overnight Retreat at Camp Campaspe, Kyneton. The purpose of this Retreat was to allow the students to forge stronger relationships with their cohort, allow a break from the academic rigour of their studies, and importantly, allow them to participate in the Mercy value of Service.

On the first day the focus for the students was 'service to others' and on the second day it was 'service to self'. The students were able to choose from a range of activities that were connected with providing a service either to others in need, to the landscape and nature around us, or connecting with students in the primary schools they attended.

The 'service to others' was conducted at the Kyneton food bank where students helped prepare meals for people in need. On that day they cooked spaghetti and a bolognese sauce – which they were able to sample for their lunch.

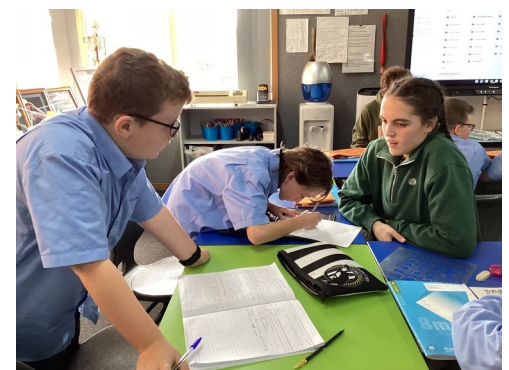
The 'service to nature' was conducted at various venues and with organisations such as the Bald Hill Landcare, Cassinia Landcare, Friends of Black Hill Landcare and Landcare at Camp Campaspe. At these venues the students (and teachers) worked extremely hard to plant thousands of trees, construct steps using sleepers, and general clean up of the areas.

The students were also given the opportunity to return to the primary school they attended and complete a day of service to the school, either through helping teachers and students in the classrooms, or working in the grounds of the school to maintain and establish gardens. The students were very excited to return to the schools and visit the classrooms and playgrounds where they spent their junior years.

The energy and excitement the students showed at the end of the day demonstrated that the reward for their service to others was knowing that they had made a difference to the landscape we live in, or in the lives of others, for no material reward. Overall, the Retreat was very successful in its goal of encouraging students to think of others, and how they can help in the community in the future.

The remaining part of the Retreat focused on 'service to self' through various reflective activities and liturgies, as well as connections to the cohort with group initiative courses and an exciting trivia competition. All

positive, useful and inciteful pursuits before embarking on Year 12 next year.



Tylden landcare, PGL and Sacred Heart College volunteering along the Little Coliban River

During May, Sacred Heart College students from Kyneton planted native vegetation along the Little Coliban River as part of their Year 11 Retreat. This partnership project with the Victorian Government's 2021 Victorian Landcare Grant involves rehabilitation of native vegetation along riparian areas of the Little Coliban River.

It has been identified by the North Central Catchment Management Authority that only 2% of the vegetation along the Little Coliban River is in good condition. This leaves 98% of native vegetation in marginal to poor condition. The primary objective of rehabilitation works is to improve the quality and extent of native vegetation along the Little Coliban River. Weed invasion, lack of native vegetation and stock access have direct impacts on the water quality. This water flows to the Upper Coliban reservoir.

The area has been planted with indigenous trees, shrubs and grasses. Once established, this vegetation will create a filter zone between the stream and its surrounding catchment area. The plantings will provide many ecosystem services, including the filtering of nutrients, and will control streambank erosion inputs from reaching the reservoir.

Students investigated the role of riparian vegetation filtering nutrient inflows so clean water enters our reservoirs - a biocentric solution to a conservation issue.

Andrew Dunne, teacher from SHC said the students did a good job in the conditions. "Participation in a landscape and river rehabilitation program such as this local one will help us to reduce our ecological footprint to more sustainable levels" he said.

*Along with around 300 trees, shrubs, grasses and sedges, SHC students participated in a reintroduction program for a local rare species - *Discaria pubescens* or the Australian Anchor Plant. This is a dense, spiny, multi stemmed plant that grows to 2 metres.*

Year 11 Sacred Heart College students assisted in reducing their ecological footprint and in moving towards a Healthy Little Coliban River that will provide clean, healthy water for our reservoirs.

Brendan Smith
Parks Victoria

CATHERINE MCAULEY LIBRARY NEWS - Jodie Warner

First Nations Shelving

It has finally arrived! We were very excited to see our fabulous maintenance team of Richard, Jamie and Tyrone assembling the delivery of our shelving. Students can now see our beautifully organised First Nations collection in pride of place in our reading area.



Diversity Audit

Our goal for completing the diversity audit by the end of Term Two is nearly upon us. We've made incredible progress and the audit will be completed early Term Three. Stay tuned for the full report. Recent surveys of our Year 7 classes have highlighted just how important diverse characters are to our students, and that they actively seek books that have diversity. The audit will allow us to build on this even further.

Holiday Borrowing

At the time of writing this there's still time to borrow for the holidays, but in case you left it too late, don't forget that you can log in to the ePlatform and borrow an ebook or audiobook (just log in with your school username and password). (<https://shckyneton.eplatform.co/>).



We hope you enjoy the break and use some of the time to read something nourishing, enjoyable and entertaining.

FOOD TECHNOLOGY NEWS - *Belinda Kime*

Year 7 and 8 Food Technology - Recently all of the Year 7 and 8 Food Technology students made a burger of their choice. In theory lessons leading up to making their burger they investigated popular and healthy hamburger ingredients, and were required to write a shopping list of all the ingredients they'd like to use. I was really impressed with how they used their time management skills during the practical lesson and all their different burger creations.

Year 9 Food Technology - During Term 1 the Year 9s were required to create a healthy family meal. To complete this task, they needed to consider the nutrients a healthy meal provides, what makes a budget friendly meal and list the typical dinners that families would enjoy. It was great to see the variety of meals they prepared, and how well they used their independent cooking skills in the kitchen.

Year 12 Food Studies - Year 12s recently completed a SAC on healthy family meals that children would enjoy. They were given a mystery box of ingredients to complete their meal. They needed to confidently explain how to encourage children to eat their meals by using the behavioural principles of modelling, exposure and repetition.



ANIMAL STUDIES NEWS - *Marika Payne*

Possum Boxes - *Monique Hassett (Year 11)*

On 20 June our Animal Care class and some students from Mr Webb's biology class headed out to Tony Clarke Oval in Macedon and Governors Lane Mount Macedon, to check our possum boxes which past students had made and put out. Mrs Payne and Mr Webb received a grant to be able to purchase a set of cameras which are able to view the inside of the possum boxes live to a mobile phone.

We started out at Tony Clarke and went to check the four boxes placed out for the possums to inhabit. Using the cameras, we were able to get a clear and live view of the interior of the boxes. Unfortunately only one was inhabited at the time by a possum. We were able to see its face buried under the bed of leaves they had made in there.

After checking the boxes at Tony Clarke we headed up the mount to Governors Lane, where the storm had hit badly, unfortunately causing a large amount of our boxes to be taken out. The area had been cleaned and we only had three boxes standing. Using the cameras we were able to view the inside of the boxes and see that boxes were full of mud and leaves. There was no sign of possums inhabiting the boxes, but we were able to make a plan to come out and clean the boxes and restore them for possums to make use of as their homes. We hope to put some more boxes out in Term Three in some different areas to gain a greater understanding of the range of possums in our area, and hopefully give more possums the chance to have a home. Thank you to Mr Webb and Mrs Payne for including us all in checking the possum boxes!



Edgar's Mission — Monique Hassett (Year 11).

On 15 June we visited a not for profit sanctuary located in Cobaw called Edgar's Misson. The weather didn't seem to be in our favour as we headed off at recess.

Once we arrived at the animal sanctuary, we all put on our gum boots ready to splash through the mud and rain to explore and meet the animals. We were welcomed at the gate and lead to the barn where we began the tour. We started with a talk by the owner and founder of the sanctuary, Pam Ahearn. Pam talked to us about the importance of the welfare of animals, what issues and problems are prominent in our world, and how we can each individually help attempt to slightly resolve these issues. Pam presented a slide show to us, showing images of some of the animals the sanctuary had saved and how far they have come, while explaining their mission and how each day they get closer to achieving their mission.

Throughout the talk the rain came and went but, once we stepped out ready to meet some of the animals, the sun came out bright and warm. Kyle was our tour guide who had a little helper called Ruby a kelpie who had been given to the sanctuary after experiencing abuse from her previous home. Ruby went from house to house with us, visiting the baby lambs, to the pigs, to the sick animals too. We were all so impressed with the amount of animals they had, and volunteers that were there to help these animals, and improve their lives. Each animal house was well kept and clean. Kyle told us the story of each animal and some facts about the species.

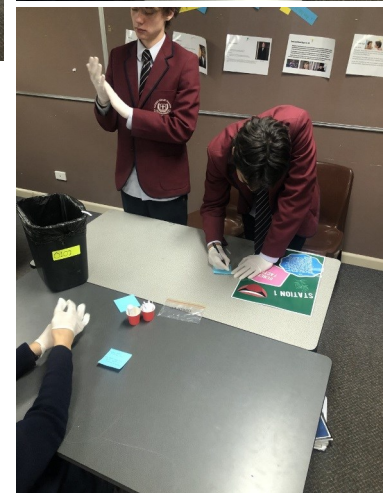
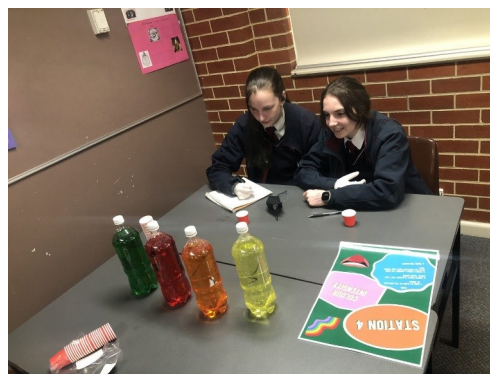
We all had a great day and are very thankful to Pam and the rest of Edgar's Mission for having us, and for Mrs Payne for organising our trip out there.



Psychology news- Jodie Warner

VCE Psychology students have been learning about Taste Perception with a station of activities in their class. This was a fun way to wrap up the term's learning about sensation and perception, and although our focus was on Visual Sensation and Perception, taste perception is also addressed in the Study Design.

Students spent the lesson working through stations that looked at genetic factors, the influence of sound on perception of freshness, colour intensity, brand name and packaging, and the inherent link between taste and smell.



Psyched Up News

Year 9 Psyched Up students have been finishing the semester by learning about Martin Seligman's *Positive Psychology* theory. In particular, they have been learning about the **PERMA** model - **PERMA** is an acronym for Positive Emotions, Engagement, Relationships, Meaning and Accomplishment. These are all factors that can be learned, implemented and are necessary for a happy and fulfilled life. Students have also participated in a mindful yoga session with Michelle Roberts from Rise Up Kids Yoga

(<https://www.riseupkidsyoga.com.au/>), have spent time with the animals in Animal Studies to see if spending time with companion animals increases mood and decreases agitation and stress (hosted graciously by our VCAL students), and have created mindful mandalas to find focus and flow. Stay tuned for gratitude cards to follow!



YEAR 7 TABLOID SPORTS - Jody Takos and Damien Zanic

End of Term Fun

Year 7 students enjoyed an afternoon of Tabloid Sports on Monday. All students were in their respective House teams and were all given a complimentary water bottle to start their afternoon. The Peer Support Students, with the respective classroom teachers, led all the activities.

The activities included a potato race, a water race, a horse relay and basketball hoop shooting. The sportsmanship was rewarded with a zipper zipper. The end scores saw both Nightingale and O'Neill with an equal 500 points and Chisholm with 433 points and lucky last, McAuley with 381 points.

Well done to all the Year 7 Students, Peer Support Students and teachers for helping us make this an amazing afternoon.

	LEAGUE A TOTAL SCORE EACH TEAM FOR ALL ACTIVITES	LEAGUE B TOTAL SCORE EACH TEAM FOR ALL ACTIVITES	LEAGUE C TOTAL SCORE EACH TEAM FOR ALL ACTIVITES	LEAGUE D TOTAL SCORE EACH TEAM FOR ALL ACTIVITES	Final results...
NIGHTINGALE	TEAM A =157	TEAM A =124	TEAM A =87	TEAM A =132	500
CHISHOLM	TEAM B =88	TEAM B =111	TEAM B =120	TEAM B =114	433
MCAULEY	TEAM C=105	TEAM C=100	TEAM C=95	TEAM C=81	381
O NEIL	TEAM D=99	TEAM D=112	TEAM D=154	TEAM D=135	500



Calling all students who would like to learn German!

“Wilkommen” is the German word for Welcome....

Welcome to our **German for beginners** after school classes. In Semester 2 we will be running a German language class every Wednesday from 3:30pm - 5:00pm in the O'Neill Building (close to the Maths tutorial rooms).

The focus of the class is on speaking German, having fun and learning a bit of grammar and writing. This class is open to all students at the College.

Please register your interest before the start of Term 3 by emailing Mrs Takos on: jtakos@shckyneton.catholic.edu.au

Bis bald. Tschuss Frau Takos



HEALTH AND HUMAN DEVELOPMENT NEWS - Eliza Duffy

On Tuesday 21 June, one of the Year 11 Health and Human Development classes had the privilege of experiencing an Art Therapy session run by Ms Caddey.

The students have been learning about all dimensions of health, and this session was included to further their understanding of Art Therapy and how it can be used to help those struggling with their mental health.

Ms Caddey talked us through the importance of being able to express yourself through art, and how important it was to have judgement removed from the room.

We painted and learned about the Universal Shapes for Design, and what they meant. The session was a great opportunity for the students to enjoy the calm space, and learn a bit about themselves from their paintings.

Thank you so much to Ms Caddey for running this awesome session!



THE ARTS SPOT

Year 8 Visual Communication and Design

Fantastical Iso Houses

